SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 19

MIGRANT TRAGEDY HITS HOME
metroNEWS

LIVE 88·5 FM

Ottawa metro

3 TRILLION
LEAVES US WITH SEVEN TIMES MORE TREES THAN WE THOUGHT
metroNEWS

Your essential daily news | THURSDAY, SEPTEMBER 3, 2015

High 26°C /Low 13°C Sun and clouds

PATIO PERFECT

Pilot project could see patios popping up in parking spaces across the city metroNEWS

COURTESY NOAH CHRISTMAN/CREATIVE COMMONS

Vandalism angers Blueline cabbies

INVESTIGATION

Drivers suspect damage to three cars related to labour dispute

Joe Lofaro
Metro | Ottawa

Taxi drivers say they will not be intimidated from picking up passengers from the airport during the ongoing labour dispute after their cabs were vandalized overnight.

Blueline taxi drivers woke up Wednesday morning to find their car windows smashed and tires slashed.

Two of the incidents happened in Barrhaven on Mancini Way. Another cab was damaged in the south end on Mozart Court.

Ottawa police are investigating the three incidents, but don't have a suspect.

However, Amrinder Dhaliwal and Varun Walia, whose cars were vandalized in Barrhaven, suspect it could be related to the Airport taxi drivers who have been protesting for the past four weeks against the airport pickup fee increase.

Blueline taxis have been picking up passengers and paying the $4.50 fee, much to the chagrin of Airport Taxi YOW drivers who have been walking the picket line.

Some protesters have been throwing eggs at Blueline cars and making threats as they drive by.

"I'm working (at the airport) continuously, he's working there. Every cab driver (from Blueline) is working at the airport and they don't like it," said Dhaliwal.

Shattered glass littered the street as his kids played on the sidewalk. He suspects the damage is worth about $2,000.

Both of their cars had to be towed away Wednesday as they tried to figure out their next steps.

"We have to stop working two, three days. So, it's a big loss," added Dhaliwal.

All four of his tires were slashed and his windows were smashed in.

"We don't know what the motive was, so we can't assume," said Ottawa police Const. Marc Soucy.

People driving along Mancini Way stopped their cars to apologize to the Blueline drivers as they waited for the tow trucks to arrive.

One man stopped his car, rolled down his window, and said, "Excuse me, on behalf of us that aren't idiots, I apologize for what happened to your cars and I hope they catch the idiots that did it."

A few minutes earlier, another man driving a truck for a heating and air conditioning company also apologized and said he would give a "whooping" to anyone he sees vandalizing cars.

The loss of work for Dhaliwal and Walia will be another blow to their business as Uber continues to operate in the city. Taxi drivers say have been losing customers to the ride-sharing company which connects riders to independent drivers through a GPS-based smartphone app.

MAD STYLE
Class is back in session.
Get mad style with the 574 collection.
ALWAYS IN BETA
new balance
SPORTING life
SHOP ONLINE: WWW.SPORTINGLIFE.CA
YONGE STREET STORE
2665 Yonge Street,
Toronto, M4P 2J6
Tel: (416) 485-1611
BIKES & BOARDS STORE
2454 Yonge Street,
Toronto, M4P 2H5
Tel: (416) 485-4440
SHERWAY GARDENS
25 The West Mall,
Etobicoke, M9C 1B8
Tel: (416) 620-7750
COLLINGWOOD STORE
222 Huronontario Street,
Collingwood, L9Y 2M2
Tel: (705) 445-3773
MARKVILLE MALL
5000 Highway 7 East,
Markham, L3R 4M9
Tel: (905) 258-1111
LANSDOWNE PARK
125 Marchel Way
Ottawa, K1S 5J3
Tel: (613) 216-6000

metro NEWS

Your essential daily news

McDonald's all-day breakfast, just not in Canada. **Business**

Committee to consider controversial apartments

WATERFRONT

Developer seeks permission to demolish six Glebe homes

Lucy Scholey
Metro | Ottawa

A developer is looking to demolish six Glebe homes and erect modern-looking, four-storey apartments overlooking the Rideau Canal.

Roca Developments Inc., an Ottawa-based firm, will seek the planning committee's approval to build two red-bricked, glassed complexes along the Queen Elizabeth Driveway across from the Canal Ritz restaurant. In total, the buildings will house 18 units equipped with elevators and underground parking.

Two of the six homes that will need to be demolished — 364 Queen Elizabeth Driveway and 1 Fifth Ave. — are on the city's heritage registry. That means they have "heritage value," but are not legally protected.

According to a city staff report, the majority of the 45 people who gave feedback did not approve of the buildings.

"The presence of two rather ugly apartment towers nearby is no justification for demolishing beautiful old red brick homes," reads one comment.

Several complaints centred on the removal of trees around the property. While staffers admit 11 trees would be cut down, they say 19 will be replanted. Two spruce trees and a Norway maple along the Fourth Avenue right-of-way will be protected, but a nearby ash tree could be chopped.

Several see the buildings as "too massive" and incompatible with the neighbourhood, but planning staff considers four storeys as "low-rise" and point to similar apartments in the Glebe on O'Connor Street. Plus, 11 to 14-storey towers on the Queen Elizabeth Driveway, south of the Queensway, have formed part of the neighbourhood since the 1970s.

"Defining neighbourhood character in an area that has many styles of development from different eras is challenging," reads the staff response. "Clearly, some existing buildings are less successful than others and future development should draw upon the most desirable attributes of a neighbourhood."

Further, the developer is flexible in the building materials and has already incorporated red brick to match the neighbouring homes, according to staff.

Then there's the question of the Rideau Canal, which is a UNESCO World Heritage Site.

But after consulting with the National Capital Commission and Parks Canada, city staff says the plan does not threaten the "heritage values of the Rideau Canal Corridor."

In his written comments, Capital Coun. David Chernushenko did not outwardly oppose the project, but said nearby "undesirable" highrise towers should not be part of the rationale.

The condos will be before the planning committee on Tuesday.

Sketches of buildings planned for the Glebe. COURTESY CITY OF OTTAWA

REVITALIZATION

City looking for testing grounds

An Ottawa city councillor remains hopeful a low-income community in her ward will be the chosen site for a new "revitalization" project.

Gloucester-Southgate Coun. Diane Deans wants Albion-Heatherington to be the testing grounds for the city's first mixed-income neighbourhood. But in July, councillors instead opted to cast a wider net and explore all options.

On Tuesday, the planning committee will create a special group of councillors to work with staff on selecting the pilot site to improve the "health, vibrancy and livability of low-income neighbourhoods." They will choose a neighbourhood by the end of this year.

Partnerships, master planning, employment opportunities and financial avenues will be factored into the decision, according to staff guidelines.

For Deans, Albion-Heatherington is the easiest first choice because there are eight acres of available city land. Hydro Ottawa is also still looking to sell a parcel of land, Deans said. Plus, there are existing amenities and nearby Walkley Road is set to become an arterial main street.

"I believe that Albion-Heatherington is the clear best choice," Deans reiterated on Wednesday. "There are a lot of reasons why that makes the most sense."

LUCY SCHOLEY/METRO

Learn French...the Write Way!

Ideal for Federal Government Employees or Anyone Looking to Improve Their French Skills

Reading & Writing Test Preparation – Sept 22nd to Oct 29th or Nov 3rd to Dec 10th 2015
Level B - Oral Interaction – Sept 14th to Dec 16th 2015
Level C - Oral Interaction – Sept 15th to Dec 10th 2015

Call for info : 613-742-2493, ext. 2574
La Cité des affaires
lca@lacitec.on.ca

www.frenchthewriteway.ca

LA CITÉ DES AFFAIRES

LA CITÉ
LE COLLÈGE D'ARTS APPLIQUÉS ET DE TECHNOLOGIE

DISCUSSED

Also talked about at the committee meeting:

Fleet fix
Ottawa is looking to replace hundreds of aging vehicles, including ambulances, fire trucks and other heavy and light equipment next year. A total of 269 units will need to be replaced at a cost of $23.6 million. This marks a significant chunk of the annual capital budget. Overall, the fleet contains 2,267 vehicles, with a total replacement value of $286 million.

Crosswalks
Some good news for pedestrians: there will be 180 new crosswalks popping up in Ottawa starting next spring. As per new provincial rules, the city must upgrade to new "pedestrian crossovers" — some of which resemble fancier versions of the regular walking signs. They have blinking yellow lights on top. The new crossings will also appear at every one of the city's 30-odd roundabouts. The committee approved $150,000 to the sign maintenance budget for next year.

Highway 417 overhaul
Commuters can expect Carling Avenue to be especially traffic-heavy over the next few years. The Ministry of Transportation will expand 3.1 kilometres of Highway 417 from Maitland Avenue to Island Park Drive. The upgrade to four lanes, from three, includes rehabilitating and widening Merivale Road bridge, retaining walls and upgrading drainage. It will take about four or five years to complete. While a design should be drawn up by early next year, the construction date is pending provincial funding. LUCY SCHOLEY/METRO

The City of Ottawa is looking at permitting up to 25 businesses to put up temporary outdoor seating, like this spot in San Francisco. COURTESY KAY CHENG/CREATIVE COMMONS

Pop-up patios OK'd

PILOT PROJECT

Establishments may be allowed to convert parking spots

Lucy Scholey
Metro | Ottawa

It's patio season in Ottawa — and not just because of the warm weather.

About two-dozen restaurants, pubs and boutiques may soon be able to convert their parking spots into temporary patios or small parks after a city transportation committee decision on Tuesday.

The committee unanimously voted for the "streetside spots" pilot project, which would allow up to 25 businesses to use their on-street parking spaces for just about anything — including games tables, patios and vending stalls.

The opportunities are "only limited by imagination," reads a city report, which includes photos of people in other cities sitting in little wooden-enclosed spaces on the street and eating lunch.

San Francisco started the trend in 2010, when the city allowed business owners to convert parking spaces into "parklets." Similar practices have since been popping up across North America.

While it seems like parking would be a problem — and may even deter drivers from shopping in these streetside areas — that likely won't be the case, reads the city report. A study in Los Angeles found that four of 17 spaces used for parklets actually boosted business and did not impact parking vacancy rates.

City staff have also been working with the Traffic Services Branch on safety issues, but the report states there are "very few documented injuries" related to streetside patios.

Noise should not be an issue either, according to the report, which cites Los Angeles and New York as examples.

This plan comes just four months after city council approved permanent patios for several venues along Elgin Street, including Johnny Farina, Hooley's Pub, Town and the Standard.

NEXT STEPS

If city council approves the streetside spots pilot project, a call for applications will go out in October, with a December deadline. More patios may start popping up next year.

LRT

City may skip bid for build

The week Ottawa's first light-rail transit train landed in Ottawa, the finance and economic development committee approved a sole-sourced $60-million contract for Phase 2.

Although Capital Transit Partners won the bid for the preliminary engineering work for the first phase of the LRT in 2010, the committee opted to skip the procurement process and grant the firm the $60-million contract for similar work for Phase 2.

City staffers argued this was the most cost-effective and efficient way to go, considering Capital Transit Partners now have experience and knowledge of Ottawa LRT after working on Phase 1.

By the time the first phase of the LRT is running, the city will have paid Capital Transit Partners about $100 million on similar engineering work.

Knoxdale-Merivale Coun. Keith Egli and Mayor Jim Watson agreed the city should fast-track the competitive bidding process.

"If we change direction and companies, we set back the schedule," said Watson.

Gloucester-Southgate Coun. Diane Deans was the only dissenting vote.

It will go to council for the final vote.

Meanwhile, the first Alstom Citadis LRT train parts arrived in the city on Wednesday. On Twitter, Watson said about 100 people would assemble the vehicle at Belfast Yard.

Passengers will board the first phase of the LRT, the Confederation Line, in 2018, and shovels are due to hit the ground for the second phase that same year.

Once completed, it will add 30 kilometres of rail and 19 stations.

LUCY SCHOLEY/METRO

Are you trying to Get BBB, CBC?
Are you Tired of Failing?
Do you Need to Refresh your B or C?
Do you Need Flexible hours?
If you checked any of these boxes, you would benefit greatly from Executive Language Coaching!
YANNIC COULON
EXECUTIVE COACHING
CATALYST LANGUAGE SCHOOL INC.
Phone-SMS: 613-292-1299
275 Slater Street
Coaching Public Servants Since 1992

Psychic, Mystics & Seers Fair
September 4th, 5th, 6th, and 7th
FRI 4pm -10pm · SAT 11am -10pm
SUN 11am - 7pm · MON 11am - 6pm
AN EXPOSITION OF THE PARANORMAL
WIN! Door Prizes
VENDORS WANTED! Call 514-366-0549
ADMISSION:
Adults $10
Seniors & Students $8
Children under 12 - FREE
NEPEAN SPORTSPLEX
1701 Woodroffe Avenue • Hall "A"

Carleton President Roseann Runte, Friendship Bench founder Sam Fiorella and Student Association vice-president Maddie Adams unveil the first yellow bench. HALEY RITCHIE/METRO

Yellow means hello on friendship bench

MENTAL HEALTH

Foundation in memory of student who died last year

Haley Ritchie
Metro | Ottawa

Most strangers sitting on a bench reading a book probably want to be left alone — but sitting on Carleton University's new friendship bench is an open door for a friendly chat.

Another bench added to the campus quad seems ordinary, but Sam Fiorella thinks this one could save a life.

Fiorella unveiled the bench Wednesday in memory his son, Lucas Fiorella, a second-year robotics student at Carleton who committed suicide in October 2014.

"In the aftermath of that we had, a lot of students reach out to us, saying 'You need to know something about your son,'" he said.

The students who called him wanted to let him know that even while Lucas was suffering in silence, he was assisting others in getting help for their mental health issues.

Fiorella started the Friendship Bench foundation to encourage people to support each other and talk about mental health on school campuses.

"We created the friendship bench as a visual reminder to students on college campuses to talk to each other, the way that my son talked to others," said Fiorella. "The bench being a place where people can stop and sit together."

Lucas's sister Vanessa and mother Susan where also at Carleton to see the first bench unveiled.

Carleton is the first school to receive one, but soon the benches will be at Niagara College, Holy Trinity High School and Simon Fraser University. Fiorella is hoping eventually every college and university in Canada will have one.

> **"Many people have told us that he saved them from taking their own life.**
> Founder Sam Fiorella

The bench is one part of the campaign, but the Friendship Bench organization is also working on an awareness campaign asking people to reach out with the hashtag #YellowIsForHello.

The organization is also fundraising to improve mental health services in high schools and universities. Geographically-specific resources for those who have mental health problems or are thinking about suicide are available on their website.

CRIME

Police warn of job-offer scam

Steve Rennie
Metro | Ottawa

You know that job you applied for, the one you saw in the classified section or in an online ad? The one where you got a cheque or email money transfer after being told you got the job? The one where you were then told to send along a large chunk of that money to someone else and to keep whatever is left over for yourself? Um, yeah. It's a scam.

Ottawa police are warning people about a new fake job offer ruse making the rounds. Once people wire the money to somewhere else, they invariably get a call from their bank saying the cheque or e-transfer they received was phony and that their account is now overdrawn or frozen.

Police say the job that appears in the fake ads is sometimes as a "secret shopper." Those are people who go around undercover to banks, stores and money transfer services to see how well the people there are doing their jobs.

So, just a friendly reminder: Don't send money to anyone you don't know and trust.

TIPS

If you've been a victim of this scam, the Ottawa police fraud unit is asking that you file a report by calling 613-236-1222, extension 7300. You can also call in an anonymous tip by calling Crime Stoppers toll-free at 1-800-222-8477 (TIPS).

Personalized Health Solutions

Kid's Day!

NutriChem's East Ottawa location is excited to team up with Kiddie Kobbler and celebrate kids health!

Saturday September 5th, 2015

Learn how to get your kids to eat healthy with a FREE mini consultation with Julia Davie R.H.N!
Sample Meal Plans and Smoothie Popsicles!
Plus receive 10% off Kids Multivitamins and Fish Oils!
1185 St. Laurent Blvd.

Details at **nutrichem.com**

NutriChem™
Personalized Health Solutions

NutriChem Compounding Pharmacy & Clinic
1303 Richmond Road • 613-820-4200 • frontstore@nutrichem.com

West-End Clinic
1305 Richmond Road, Suite 204 • 613-721-3669 • clinic@nutrichem.com

East-End Clinic & Retail Store
1185 St. Laurent Boulevard • 613-695-5405 • stlaurent@nutrichem.com

www.nutrichem.com

Trudeau's deficit plan realistic: Rae

Bob Rae, who was MP for Toronto Centre until he announced in 2013 he'd step down, says the Liberal approach to the deficit is best to deal with economic uncertainty. THE CANADIAN PRESS FILE

ELECTION 2015

Former Grit leader backs successor's fiscal approach

Michael Woods
Metro | Ottawa

Former federal Liberal leader Bob Rae says Justin Trudeau is simply being honest with his plan to run deficits for three years if the Liberals form government.

"People have got to show a little more understanding that there's a lot of uncertainty in the world economy," Rae, a former NDP premier of Ontario, said in an interview on Wednesday.

"I happen to think that it is important to respect the realities of economic life, and I think Mr. Trudeau, frankly, is doing that more effectively than the other leaders."

Trudeau is pledging to double infrastructure spending to $125 billion over a decade, which would see deficits of $10 billion for three years before a balanced budget in 2019-2020.

NDP Leader Tom Mulcair, by contrast, is promising to balance the budget in his first year in government.

Rae will be in Ottawa Thursday to launch his new book, What's Happened to Politics?, which publisher Simon & Schuster calls "a piercing examination of the fractured state of Canadian politics and what can be done to fix it."

"It's really about how politics has become much more about marketing, about packaging, about spin, and much less about substance," Rae said.

Rae, who was first elected to Parliament in 1978, said he noticed a "significant change in the political dynamic" when he returned to Parliament in 2008 after years away from politics.

He said there was much less socializing and getting to know each other among MPs, and a much greater concentration of power and authority in the hands of the prime minister.

"It's been a steady process in which that's taken place. It's certainly having a negative impact on the public, and I think we're seeing that in terms of lower turnouts in elections," Rae said.

The book discusses the polarization and dysfunction of politics and examines the role of the media and the 24/7 news cycle. The book is also a call to action, Rae said.

"The people have to decide that they're going to change the way in which power is exercised and insist on a different way of doing it," he said. "I think I'm not being idealistic. I think it's quite possible for that to happen, but I think it's going to take real determination."

FRENCH, ENGLISH as a SECOND LANGUAGE

PART TIME
12 weeks (36 hours in class and 36 hours online)
FRENCH AS A SECOND LANGUAGE (9 LEVELS)
September 29 to December 19, 2015
Evenings: 6 pm to 9 pm (9 Levels)
Saturdays: 9am to noon (8 Levels)
ENGLISH AS A SECOND LANGUAGE (6 LEVELS)
September 29 to December 19, 2015
Evenings: 6 pm to 9 pm (6 Levels)
NEW! Saturdays: 9 am to noon (2 Levels)

FULL TIME
4 weeks (60 hours in class and 60 hours online)
FRENCH AS A SECOND LANGUAGE (6 LEVELS)
September 14 to October 9, 2015
Levels 1, 3 and 5: 9am to noon
Levels 2, 4 and 6: 12:30 to 3:30pm
ENGLISH AS A SECOND LANGUAGE
September 14 to October 9, 2015
NEW! Level 4: 9am to noon • Level 5: 12:30pm to 3:30pm

FEES: $35.00
(Immigrants, new Canadians, Refugees whose language is not English.)

All new students need to go to the Language Assessment and Referral Center prior to registration. Please call 613-238-5462 for an appointment.

Financé par: Ontario
CONSEIL DES ÉCOLES CATHOLIQUES DU CENTRE-EST
Le meilleur conseil qu'on puisse vous donner

Éducation Permanente
181 Donald St., Ottawa
Tel. 613-741-2304 ext. 3;
Fax 613-741-2191
educationpermanente.ca

ép ÉDUCATION PERMANENTE

SEX-ED CURRICULUM

Parents protest outside MPP offices

Joe Lofaro
Metro | Ottawa

The Campaign Life Coalition launched provincewide protests Wednesday against the Ontario government's "radical sex ed" curriculum as the new school year approaches.

In Ottawa, about a dozen protesters gathered outside the offices of MPPs Madeleine Meilleur and Yasir Naqvi with signs saying, "Teach biology, not pornography. Corrupting the morals of minors!"

One woman shouted through a megaphone "sex ed has got to go" at Meilleur's office on Montreal Road.

The sex ed curriculum hasn't been updated in 17 years and now includes concepts like same-sex parents, bullying and consent. But some conservative groups say some of the content is too much for young kids.

The new curriculum will teach students in Grade 1 the correct terminology for body parts and students in Grade 2 will learn about consent, with a focus on teaching kids about "no means no." Students in Grade 3 will learn that same sex relationships are normal and the concept of gender identity.

"It's too explicit. They're learning this stuff way too young and I just feel that the rights of parents should be back in their hands," said Amy Beaudoin outside Meilleur's office.

> **They're learning this stuff way too young and I just feel that the rights of parents should be back in their hands.**
> Amy Beaudoin

Beaudoin, who has a daughter going into kindergarten this fall, says six-year-olds shouldn't be taught the words "penis" and "vagina".

"I'm not saying they shouldn't know it, I just think it's a little young to have a Grade 1 student coming out and using those explicit words and terms," she said.

Beaudoin said there is a much larger protest planned on Parliament Hill on Sept. 26.

IN BRIEF

Tory in Ottawa Centre not attending LGBTQ debate

The One World Film Festival is organizing a debate later this month on LGBTQ issues and it appears all candidates in Ottawa-Centre will be attending, except the Conservative candidate, Damian Konstantinakos.

NDP MP Paul Dewar, Liberal candidate Catherine McKenna, and Green candidate Tom Milroy have all confirmed their attendance to the Sept. 25 debate, said organizer Jeremy Dias.

Don Cummer, spokesman for the Konstantinakos campaign, said the candidate doesn't attend "specific issues" debates, only debates run by community groups like the Glebe Community Association, due to the number debate invites he has received.

"My response to that is the LGBTQ community is a community and this is a community debate," Dias told Metro Wednesday.

Dias said it's his understanding the Conservative party would send another member to the debate, but he has not yet been told who.

JOE LOFARO/METRO

Guitarist Angus Young, left, and frontman Brian Johnson perform during a recent show at Gillette Stadium in Foxborough, Mass., in support of their most recent album, Rock or Bust.
WINSLOW TOWNSON/INVISION/THE ASSOCIATED PRESS

AC/DC readies their cannons

BACKSTAGE PASS

Aging Aussie rockers' world tour hits TD Place tonight

Trevor Greenway
Metro | Ottawa

It's hard to say whether the crowd showing up at Thursday's AC/DC concert will be ageless 80s rockers, guzzling beers on their tailgates, or if it will be aging dads, with their teenaged kids — telling them not to spit in public.

The Aussie stars dropped their biggest album, Back in Black, in July of 1980. I wasn't born yet, but those who would have been rocking out in their basements to arguably the band's most-loved album would have been anywhere between 15 and 30 when it came out. Let's do some math.

That was almost exactly 35 years ago. Those 30-somethings back then will be in their 60s now and even the young fans of the 80s will still be close to 50 or older today.

But I wouldn't be surprised if those 60-year-olds pull out the old guns, dust off their mouldy leather jackets, don their rebellious bandanas or dig through the old basement trunk for that sliced up t-shirt for Thursday's big show — and they damn-well should.

If the band's stage setup is any indication, then it's safe to say that Angus Young and his cohorts are bringing out their old guns too.

A quick 30-minute tour of the stage Wednesday afternoon revealed all sorts of tricks, treats and tripped-out visuals the Aussie rockers have planned for Ottawa: mammoth screens, a giant catwalk for Angus Young to do his iconic duck walk on, a giant Hells Bell hanging above the stage, and yes, cannons.

"It's everything they can expect from an AC/DC show: bells, cannons, whistles, pyro, loud music and everything they want to see and hear from this band," says production manager Dale "Opie" Skjerseth, who has been touring with the band for 20 years.

One of the band's many stage props. TREVOR GREENWAY/METRO

He says AC/DC has a don't-fix-it-if-it-ain't-broke mentality when approaching their live shows and if you saw the band while they were in their 1980s prime, you won't notice much of a difference, maybe a few grey hairs if you're lucky

> **"It's everything they can expect from an AC/DC show: bells, cannons, whistles, pyro, loud music.**
> Dale "Opie" Skjerseth, production manager

to sit close enough. But even those in the nose-bleeds will get a show-and-a-half. Expect fire balls of hell, flaming devil horns, seizure-inducing pyrotechnics and Angus Young in his signature schoolboy outfit, ripping solo after solo, on favourite after favourite. It'll be the concert of a decade.

"It's a recipe that they don't change," adds Skjerseth. "If you've seen one AC/DC show, you'll get the same enjoyment out of the second one. It's an exciting show for two hours."

So, it's clear that AC/DC is bringin' it, will you? If you're the aging dad or mom taking your teenaged kids to see a band that defined your youth, leave the socks and sandals at home, ditch the soccer mom pants with the butt that goes halfway up the back and pull out your old jean shorts, your ripped up tank or your jean jacket and show your kids that you really were cool once.

Organizers said there may be another 200 tickets released at noon on Thursday. Check capitaltickets.ca at noon to see if you can say, "I was there."

HOLD ON TO SUMMER
THE NEW ZEALAND WAY

RIVERLORE SAUVIGNON BLANC
Aromatic & Flavourful (XD – 7 g/L)
417600 | 750 mL | Reg. $15.90
NOW $13.90 SAVE $2.00

SAVE $2.00
NEW!

riverlore
marlborough
SAUVIGNON BLANC
2014

LET'S GET LCBO TOGETHER

Please Socialize Responsibly

Le contenu de cette publicité est offert en français sur notre site web : lcbo.com/publicite.
This advertising is paid for in whole or in part by participating suppliers. Featured products available at select LCBO stores. Prices subject to change without notice. Price offers in effect until September 13, 2015.

FARMERS' MARKET

Vendors protest after unexpected closure

Haley Ritchie
Metro | Ottawa

Tension between some vendors at the Ottawa Farmers' Market and the City of Ottawa boiled over last Sunday when some businesses refused to close early to make space for other events.

The city asked the market to close three hours early on Sunday because the beer festival, Savour Ottawa luncheon and a Redblacks game would mean heavy foot traffic.

The farmers' market board reluctantly agreed, but the decision didn't go over well with some members.

> **We're at the city's mercy.**
> Farmers' Market vendor

"It was something the members of the board worked very hard to prevent from happening," said market manager Craig Murkar. "We were working with the city to do every possible thing to avoid that happening but at the end of the day it was the reality of the situation."

Murkar said although sales have steadily been improving, the move back to Lansdowne has been stressful.

The unexpected closure was too much for one vendor, who remained open late Sunday as part of a co-ordinated protest.

"Vendors are upset because we pay for that space and we've already had to make so many compromises," said the vendor, who asked their name not be used.

The vendor declined to give further details, but said it's not the first time the market and the city have been in conflict.

The City of Ottawa did not immediately respond to a late-day request for comment.

Capital ward Coun. David Chernushenko, left, Mayor Jim Watson and resident Pamela Scaiff are shown using what they hope will make life easier for residents. MICHAEL WOODS/METRO

City unveils new 'tool' to aid recycling

INNOVATION

Reusable bag should improve rates in condos, apartments

Michael Woods
Metro | Ottawa

The city has launched what it called a "new tool" to make recycling easier for apartment and condo-dwellers Wednesday morning.

It's a bag.

Specifically, a blue reusable bag people can use to carry their recyclables to a common bin somewhere in their building.

Mayor Jim Watson and Coun. David Chernushenko unveiled the new bag Wednesday at the Beaver Barracks, an apartment building on Metcalfe St.

Although it's hardly revolutionary, Chernushenko said recycling boxes could be an impediment to recycling for apartment residents; both because of the space they take up and the difficulty transporting them.

"I think we have to be clear and honest; just having this bag will not transform a building. It is a tool," said Chernushenko, chair of the city's environment committee. "If the obstacle was the bulk of the containers … we've made it a little easier with this bag."

BACKGROUND

Recycling rates in multi-residential buildings are far lower than standalone homes in Ottawa. The city's curbside diversion rate in 2014 was over 50 per cent, but the multi-residential diversion rate was about 16 per cent.

Zellers

NEPEAN
2065 ROBERTSON RD., NEPEAN
613-726-1379

STOREWIDE CLEARANCE EVENT!
HURRY IN FOR BEST SELECTION, WHILE QUANTITIES LAST.
ON NOW THRU WEDNESDAY, SEPTEMBER 9

SAVE UP TO 75%
WHEN YOU TAKE AN EXTRA 50%* OFF
almost all spring and summer fashion for men, women and kids

SAVE UP TO 65%
WHEN YOU TAKE AN EXTRA 40%* OFF
almost all spring and summer footwear, accessories, handbags and sleepwear for women

HOME EVENT
SAVE AN EXTRA 50%*
on selected linens, bedding coordinates, bedding accessories, towels, cushions, comforters and duvets

GREAT PRICING ON MAJOR HOME FASHIONS
SAVE UP TO 85% on mattresses
SAVE UP TO 80% on patio furniture
SAVE UP TO 70% on furniture
SAVE UP TO 40% on appliances

STORE WILL BE CLOSED LABOUR DAY, SEPTEMBER 7

Hours of operation: Mon. – Fri. 9:30 am – 9 pm | Sat. 9:30 am – 6 pm | Sun. 10 am – 6 pm

Store discounts are off the lowest ticketed price. We accept Hudson's Bay MasterCard® Hudson's Bay Credit Card, major credit cards, debit cards, cash. No cheques. No price adjustments on prior purchases. No returns, exchanges or price adjustments on Major Home items. Selection may vary. While quantities last. Some exclusions will apply. No Rainchecks. See store for details. No other discounts apply. *Extra 40% off women's spring and summer footwear, accessories, handbags and sleepwear and extra 50% off spring and summer fashion and home event are off the last ticketed price. This promotion does not apply to items that are price pointed. Additional Dot Discounts are not applicable.

FRENCH AND ENGLISH CLASSES

ÉCOLE DE LANGUES LA CITÉ

Sept. 14
FALL SESSIONS STARTING
Maintenance and Refresher Course
Preparation for Test of Oral Proficiency: Levels B and C
Writing and Reading Tests Preparation

Our fall courses: Individual or Group Training
Full-time or Part-time Training • Day/Evening Classes

Contact us: 613-569-6260 ext. 0 • inscription@ecolelacite.com

Political gender gap plays out

ELECTION 2015

Men typically back right-wing parties, while women veer left

Jessica Smith Cross
Metro | Toronto

With three federal parties neck and neck and neck, this is a historically close three-way election, and historic political fissures along gender lines could make a crucial difference.

Metro talked with several political experts about how gender politics are playing out in this election and all said there has long been a gender gap in Canadian politics where men, more than women, support parties on the right and women support those on the left, and that's been playing out in the polls so far.

Elizabeth Goodyear-Grant, a professor of Canadian politics at Queen's University, said she's noticed politicians — especially Liberals and New Democrats — have been working especially hard in this election to win women's votes, and highlight women's issues.

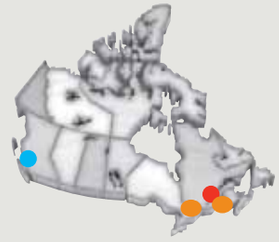
That includes the NDP's pledge to end violence against women and their national child care plan, and the Liberals' focus on nominating female candidates, and pro-choice candidates.

"They're battling for the centre and the left, and this is where a greater proportion of women lie in terms of political orientation, compared to men," she said.

Chris Cochrane, a political science professor at the University of Toronto, said that battle for the centre left will likely determine the outcome of the election.

Justin Trudeau takes a photograph with a supporter Wednesday in Trois-Rivieres, Que. PAUL CHIASSON/THE CANADIAN PRESS

WHERE THE LEADERS ARE THURSDAY



- **Stephen Harper** will be in Surrey, B.C.
- **Justin Trudeau** will be in Montreal and Brossard, Que.
- **Tom Mulcair** will be in Montreal and Toronto.
- **Elizabeth May** will be in Quebec.

While the parties have near-equal support in the polls, the Conservative party is the second choice of "virtually no one," which leaves the party little opportunity for growth, he said.

"This is what's making it such an interesting election for everybody — we really don't know how these people are going to vote, because a lot of Liberal voters have the NDP in the back of their minds, and vice-versa for NDP voters. It could swing either way at the end of the election and quite easily unseat the Conservatives," Cochrane said.

In the 2011 election, the Conservatives won an estimated 35 per cent of women's votes, plus 45 per cent of men's. No party, with the exception of the NDP in some polls, is polling as strongly among female decided voters today, as the Conservatives' 2011 win.

But now that the incumbent party's support is low, its large gender gap is a bigger problem, and appears to be worsening, said Nelson Wiseman, director of the U of T's Canadian Studies program.

"If the Conservatives lose, in a large measure, it will be because they lost a lot of the women's vote since last time."

Homeless in Vancouver — even with $1.3 million for a house

Emily Jackson
Metro | Vancouver

Kate Whyte found out the hard way that even a million bucks can't always buy a decent home in Metro Vancouver's insane real estate market, where home sales soared to nearly 30 per cent above the 10-year average this summer, according to Real Estate Board of Greater Vancouver data released Wednesday.

Whyte, a 48-year-old homemaker who works part time in the film industry, and her husband were looking to downsize to a smaller house in their North Vancouver community after two of their three children left for university.

They sold their five-bedroom house in May for $1.3 million, figuring they'd have no problem finding a smaller place in the area. But then the market "went absolutely crazy," Whyte said Wednesday.

Every house they looked at suddenly jumped in price, with million-dollar homes needing extensive renovations to the tune of a few hundred thousand dollars.

"We priced ourselves right out of our neighbourhood," Whyte said. "I don't want anyone to feel sorry for me. What I want people to understand is the ridiculousness of this."

With their move out date approaching on Saturday, her family wound up buying a house in August for just over $1 million. It's much smaller, is leaking and needs extensive renos, she said.

"Nobody wanted it because it's a real eyesore," she said. "When I tell people what I have to fix, their jaws drop."

Celebrate this long weekend with a final taste of summer.

SAVE $1.00 SAVE 20¢ SAVE 50¢ SAVE $1.00 SAVE $1.00

LET'S GET LCBO TOGETHER

Find your cool at
LCBO.COM/COOLERS

PLEASE DRINK RESPONSIBLY

Le contenu de cette publicité est offert en français sur notre site web : lcbo.com/publicite

Prices in effect until September 13, 2015.

22210

When tweets defeat candidates

Metro sits down with former Calgary-Nose Hill Liberal contender Ala Buzreba — who resigned after posts she made in her mid-teens came to light — to talk trolls, double standards and being a youth in politics

Omar Mouallem
For Metro

By now there are simply too many campaigns to name that have been ended by the Ghost of Social Media Past. But it's hard to think of a Canadian politician who's endured a public shaming as cruel as Ala Buzreba's.

The Liberal Party candidate in Calgary-Nose Hill recently resigned after inappropriate tweets she wrote in her mid-teens were unearthed and used like digital pitchforks to chase her out of the race. Many within the social media mob fixated on her gender, Arab ethnicity and Muslim faith. "Such a cute little terrorist," goes a typical comment.

Compare this to William Moughrabi, a Montreal Conservative candidate, who is also Arab. He didn't endure any bigoted backlash following revelations of inappropriate Facebook comments he'd made at nearly twice the age Buzreba was when she made hers.

Numerous studies, some as old as Facebook itself, have shown that women and feminine usernames incur anywhere from two to 25 times more trolling, threatening or sexual harassment than their male or masculine counterparts. The 20-year-old community volunteer, University of Calgary student and Alberta Young Liberals executive says she's dealt with trolls since her social justice passions drove her to online forums and Twitter in junior high.

Last June, shortly after announcing her candidacy, Buzreba learned that a blogger had Photoshopped and spread pornographic images of her being penetrated by Justin Trudeau. Sun Media columnist Tarek Fatah also equated her hijab with ISIS support. What followed with the scandal was merely a crescendo of the racism and sexism she suffered.

Buzreba spoke with Metro about the backlash, double standards and how shamings like hers could discourage youth from entering politics.

After Ala Buzreba announced her candidacy last June, a blogger Photoshopped pornographic images of her and spread them online. CONTRIBUTED

Metro: How has the scandal affected you?

Buzreba: The backlash is continuing to this day. People are mean to me and it's affecting my personal life. I've been kicked out of different organizations and clubs that I was a part of. I've had ex-supervisors disassociate with me.

When was the first time you were trolled online?

I was really interested in debate since the time I was 13 or 14. I would go online, read the news, look at what people are saying. I was in the "comments" section a lot, fighting back to people who were constantly belittling people like me — Muslim women. But I debate in a nice way; I don't look for fights.

> **People called me "Muslim trash" .... My hijab was always the focus. People are terrified of it.**
> Ala Buzreba

Tweets like "Your mother should have used a coat hanger" don't sound nice. What were you responding to?

"The only good Muslim is a dead Muslim," was one. At some point, you just throw it back at them. They don't like their own medicine. People called me "Muslim trash," "freeloader of the Liberal government." My hijab was always the focus. People are terrified of it.

It was only a year ago you told Jewish-Canadian pundit Ezra Levant to "Pack up and leave to Israel." Why'd you tweet that?

He had said something on the radio like, "Remember, this is Canada, not Gaza." I couldn't believe radio stations would (broadcast) his racist ad. Then I tweeted back. I knew about Ezra, because he'd attacked two people I went to school with, so stupid me for saying anything.

Do you admit your comment was at least equally racist?

Not equally. It was rude. It wasn't nice. But I didn't tell him to "go back to Israel." I told him to go there. I didn't even know where he's from.

Before the scandal, pornographic pictures of you were Photoshopped and spread online by a blogger. How'd you respond?

He wasn't the only one. There was a lot a of Photoshopped stuff. I was embarrassed to even tell anybody because I didn't want them to see the photos. We reported it to Facebook and Facebook said it's freedom of expression.

Did you ever grow numb to it?

No. It hurts every time. But the blows loosen the more you get it. If anything all the rude comments I got when I was younger helped me grow and develop some tough skin.

Do you think you can return to politics?

Yes. I have more to see and more to learn. I want to change how Canadian politics operates and I want more women and young people voting. It was exciting to have so many of my friends come out to volunteer politically for their first times.

Can parties expect candidates with clean online records?

If they held the standard of being perfect online, they'll have fewer and fewer candidates every year. The person you were on social media doesn't necessarily mean the person you're becoming or the person you are now. I go through my posts at age 13, and I think why did I post that — it was so lame. People change all the time.

What's your message to young potential candidates?

Be careful for what can be taken out of context. Be careful of people who just want a reaction out of you.

Interview has been edited for length.

Ghosts of social media past

1 Malcolm Azania, NDP, 2004

In the days of MySpace, the Edmonton candidate wrote that Jews were part of the "white supremacy" in an emailed debate unearthed a decade later. Azania presciently told CBC, "The Internet is the most efficient technology in the universe to make a jackass out of yourself."

2 Ray Lam, BC NDP, 2009

The young candidate resigned after photos on Facebook became public, including one where he was palming a woman's breast and another with his pants down. That he was gay or that it was Pride didn't matter to his opponents.

3 Deborah Drever, Alberta NDP, 2015

One inappropriate Facebook comment wasn't enough for the newly elected Alberta government to boot the 26-year-old, but a trail of media gaffes, including one in which she posed as a gang-rape victim for an album cover, definitely was.

4 William Moughrabi, Conservatives, 2015

After year-old Facebook comments like "Karma takes too long. I'd rather beat the s--t out of you now" surfaced, the Montreal candidate quickly apologized and closed his online accounts.

ELECTION 2015

Chief says he won't vote, even as AFN seeks to mobilize voters

The Assembly of First Nations says aboriginal voters could be deciding factors in as many as 51 ridings and, in a close race, could determine the outcome of the Oct. 19 federal election — if they actually cast ballots.

But AFN national chief Perry Bellegarde may have undercut his organization's campaign to mobilize aboriginal voters with a frank admission that he's never voted in the past and doesn't intend to do so this time, either.

"It's a very personal choice," Bellegarde told a news conference Wednesday.

He said he's never voted because he's been in various First Nations leadership roles and wanted to preserve the appearance of impartiality.

Moreover, Bellegarde said he was following the advice of First Nations elders who advised him against voting, arguing that the Crown has treaty obligations that must be honoured no matter which party forms government.

"Out of respect for those old people, I think that's why I haven't voted."

Such views are not uncommon among aboriginal peoples and are, at least partly, responsible for abysmally low turnout in elections. Elections Canada estimates that the average turnout for eligible voters on First Nations reserves is 44 per cent, well below the overall 61 per cent turnout in 2011.

Pressed by reporters to explain how he hopes to encourage others to vote if he won't do it himself, Bellegarde suggested he'll "revisit" his decision to refrain from voting. But in an interview a short time later, he dug in his heels, stressing his need to remain strictly neutral so that he can work with whomever forms government.

"If you have to choose, then you lose that impartiality and non-partisanship," he said.

At the news conference, Bellegarde unveiled the AFN's election priorities, to which it wants all parties to commit. The priorities — including increased funding for First Nations education, training, child welfare, health care and police services, creation of a national inquiry into missing and murdered indigenous women and an action plan to address violence against aboriginal women — are aimed at "closing the gap" between aboriginals and other Canadians.

THE CANADIAN PRESS

Migrants on campaign radar

ELECTION 2015

Leaders latch on European crisis to snipe at rivals

As European governments struggle to cope with thousands of migrants arriving at their borders, Canada's federal leaders weighed in Wednesday on what Ottawa can do to help with the continent's worst refugee crisis since the Second World War.

Already this year 332,000 refugees have streamed onto the continent, overwhelming the government response in some areas. They are coming from Syria, Afghanistan, Kosovo and Eritrea.

Speaking about the crisis while on the campaign trail, the NDP and Liberal leaders said Canada should be doing more. Both took the opportunity to slam Conservative Leader Stephen Harper's record on the issue.

"Hundreds of thousands of people fleeing horrors: We've got to step up to the plate, we've got to be part of an international solution, we've got to start doing our fair share," said NDP Leader Thomas Mulcair, who was campaigning in B.C.

"Mr. Harper has failed completely so far to do just that."

The Liberals' Justin Trudeau, stumping in Quebec, criticized the Conservative government for its "meagre" efforts to take in refugees from the Middle East. The Liberals have pledged to take in 25,000 Syrian refugees should the party win the Oct. 19 election.

"We need to provide the support we can, and we need to be making this situation better in various ways that, quite frankly, we're not doing at this time," Trudeau said.

> **We've got to start doing our fair share.**
> Thomas Mulcair

Harper said Wednesday that finding a home for refugees is important, but that governments must also tackle the root cause of the problem, which he said was violence instigated by the Islamic State of Iraq and the Levant. "We have plans to do more, but I would say repeatedly that as we are doing more, we can't lose sight of the fact that refugee resettlement alone cannot, in any part of the world, solve this problem," he said.

Harper has set a target of settling 10,000 migrants from Syria over the next three years. This summer, however, the government faced criticism for refusing to release data on how many had already arrived in Canada. In August, Harper said the government was on track to resettle 23,000 Iraqis by the end of the year.

TORSTAR NEWS SERVICE/WITH FILES FROM THE CANADIAN PRESS

Speaking in North Bay on Wednesday, Conservative Leader Stephen Harper said that finding a home for refugees is important, but that governments must also tackle the root cause of the problem, which he said was violence instigated by ISIL. THE CANADIAN PRESS

QUEBEC'S RIGHT-TO-DIE LAW

Minister blasts reluctant clinic

Terminally ill patients in Quebec who seek medical aid in dying must be provided with the service even if some doctors are against it, Quebec's health minister said Wednesday.

Gaetan Barrette called out unco-operative doctors and directors of institutions in the province's health care network Wednesday after a palliative care unit in Montreal announced it wouldn't offer the service.

Quebec's right-to-die law comes into effect on Dec. 10 and Barrette says the patient will be the priority.

"The role of (medical) institutions is to offer the service," he said. "And it will be offered."

> **The role of institutions is to offer the service ... And it will be offered.**
> Gaetan Barrette

Only certain terminally ill people will receive the legal right to seek medical aid in dying and the strict law states those patients must be at death's door and suffering.

The health minister declared that hospitals with palliative care units as well as palliative care homes must conform with the law and offer medical assistance to dying patients who ask for it.

Barrette says that on an individual basis, a doctor could invoke an objection of conscience and refuse to shorten the life of a sick person.

But he insists that the institution must respond to the request and find another doctor willing to offer the service.

Barrette says several polls taken in recent years indicated the vast majority of doctors polled agreed with the law.

THE CANADIAN PRESS

WINNIPEG

Accused bomber asks for bail

A Winnipeg man accused of sending a letter bomb that caused a lawyer to lose her hand will find out later this week if he will get bail.

Guido Amsel was back in front of a Winnipeg judge Wednesday for the second part of his bail hearing. Judge Heather Pullan will deliver her decision on Friday.

Amsel, who is 49, faces more than a dozen charges, including three counts of attempted murder, after three explosive devices were sent to three different Winnipeg businesses.

Family lawyer Maria Mitousis opened a device at the law office of Petersen King on July 3 and was seriously injured.

The lawyer, who had worked for Amsel's ex-wife in a civil matter, lost her right hand and has extensive injuries to her left hand and upper body.

Crown prosecutor Chris Vanderhoof is opposing Amsel's release. Amsel has been in custody for more than 60 days, with about a week of that spent in isolation in Headingley jail.

Defence lawyer Martin Glazer has said Amsel is anxious to get home and back to work.

THE CANADIAN PRESS

12TH
HOUSE of PAINT
FESTIVAL OF URBAN ARTS AND CULTURE
ROCK THA HOUSE
CONCERT UNDER THE BRIDGE
Friday, September 11, 2015 - 6PM
UNDER DUNBAR BRIDGE (BREWER PARK)
GET YOUR $10 EARLY BIRD TICKETS BEFORE SEPT. 4TH
HOUSEOFPAINT.CA/TICKETS

Tensions rising in Europe

HUNGARY

Migrants face pushback as right-wing protests flare

Hundreds of frustrated migrants demanding passage to Germany jostled with riot police beside Budapest's main international train station Wednesday as Hungary spent a second day trying to keep thousands of asylum seekers from spilling deeper into Europe.

Scores of officers pushed back the crowd, which shouted in Arabic and English to be permitted to march around the Keleti train station, which has become the latest focal point for European tensions over an unrelenting flow of migrants from the Middle East, Asia and Africa.

Passions also flared on Hungary's border with Serbia as right-wing nationalist protesters marched to the location where migrants use a train track to walk into the country. Police formed protective circles around frightened migrants as the demonstrators from the hard-line Jobbik party screamed abuse at them.

Migrants gather outside the closed Eastern Railway Station in Budapest, Hungary, Wednesday, after they were not allowed to board trains bound for Germany. ZOLTAN MATHE/THE ASSOCIATED PRESS

The 28-nation European Union has been at odds for months on how to deal with the influx of more than 332,000 migrants this year. Such frontline nations as Greece, Italy and Hungary have pleaded for more help, while Germany, which is expecting to receive an EU-leading 800,000 asylum seekers this year, has appealed for EU partners to bear more of the load.

"We have to reinstate law and order at the borders of the European Union, including the border with Serbia," Hungarian government spokesman Zoltan Kovacs said. "Without re-establishing law and order, it will be impossible to handle the influx of migrants."

He said Hungary's prime minister, Viktor Orbán, will take a "clear and obvious message" to a meeting Thursday with EU chiefs in Brussels about migrants.

On Hungary's border with Serbia, some 300 extremists led by Jobbik party leaders waved Hungarian and party flags as they marched to the border crossing and shouted at the frightened migrants — many of whom had just completed a daylong hike along the rail line — to go back where they came from.

Elsewhere on the migrants' long route into Europe, 13 people died when two small boats ferrying them from Turkey to the Greek island of Kos capsized. Turkish media said 12 drowned, including a woman and three children, while another person died later in a hospital.

The Greek coast guard also recovered the body of a man south of the island of Kalolimnos. It wasn't clear whether that body was connected to the capsized Turkish boats about 22 kilometres (14 miles) to the northeast.

THE ASSOCIATED PRESS

SCIENCE

Earth has 3 trillion trees: Study

More than three trillion trees now grow on Earth, seven times more than scientists previously thought. But it's also trillions fewer than there used to be, a new study concludes.

A United Nations-affiliated youth group had a goal of planting one billion trees and Yale forestry researcher Thomas Crowther was asked if planting that many trees would do anything to help combat human-made climate change. Trees capture and store heat-trapping carbon dioxide.

Crowther said first he had to figure out how many trees are on Earth and that number was far more than anyone expected: 3.04 trillion trees, according to a study published Wednesday in the journal Nature.

The previous estimate was 400 billion trees and that rough count was based on satellite images peering down from space. Crowther and colleagues used 429,775 ground-based measurements along with satellite measurements and computer models to get a more accurate figure.

THE ASSOCIATED PRESS

UNLIMITED TALK + TEXT + DATA

SPECIAL BACK TO SCHOOL OFFER!

INCLUDES UNLIMITED:
Canada/US Long Distance, Global Text, Call Waiting & Forwarding, Caller ID, 3-Way Calling, Voicemail, Data + MORE!

$40/MO was $45

mobilicity.ca

Taxes are extra. Limited time offer. Offer valid only while customer is on automatic monthly payments (preauthorized credit/ debit payment). All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones and are subject to Mobilicity's fair use policies. Premium and special numbers are excluded. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Additional terms and conditions may apply. Subject to change without notice. © 2015 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity™ Now that's smart.

Mobilicity Stores

Nepean
Lincoln Fields Mall

Ottawa
168 Rideau St.
173 Montreal Rd.
246 Bank St.

Authorized Dealers

Cellular X Zone:
Billings Bridge Shopping Centre

Bullo Wireless:
1414 Walkley Road

IGO Cyber House Inc:
223 Bank St.

CellTell:
1724 Bank St.

AZ Wireless:
1911 Baseline Road Unit 301

Impression Plus:
Bayshore Shopping Centre

MCDONALD'S

Canada missing out on all-day breakfast

McDonald's Canada has bad news for those looking to get their Egg McMuffin fix past 11 a.m. Spokeswoman Lisa Hutniak said the company has no plans to offer an all-day breakfast despite the brand's announcement that its American restaurants will introduce the option Oct. 6.

Hutniak said the company is keeping a close eye on the nationwide experiment by the Americans and are always looking to meet the needs and wants of their customers.

Twitter users were quick to decry the disparity.

"Y'all are monsters," tweeted @MsLolaOh. A user from Scarborough, @60mg-Maija, summarized their reaction in two words: "Thug tears."

> **Y'all are monsters**
> @MsLolaOh, a Twitter user from Scarborough

Some even made it an election issue, calling on the leaders of all three parties to address the disparity.

THE CANADIAN PRESS

IN BRIEF

Laura to shut fewer stores

Laura's Shoppe, which filed for creditor protection last month, is planning to close 15 stores on Sept. 13 — five fewer stores than planned as landlords at several malls have agreed to cut rents and suppliers have offered significant discounts.

THE CANADIAN PRESS

market minute

DOLLAR 75.35¢ (-0.28¢)

TSX 13,545.25 (+63.35)

OIL $46.25 US (+84¢)

GOLD $1,133.60 US (-$6.20)

NATURAL GAS: $2.648 US (-5.4¢)
DOW JONES: 16,351.38 (+293.03)

Young adults bleeding bank of mom and dad

SAVINGS

Poll discovers marked rise in trend toward living at home

A new poll suggests adult children are draining their parents' retirement nest eggs.

The CIBC survey has found that two-thirds of Canadian parents polled say they're feeling the financial impact of supporting their adult children.

Almost half of them said supporting their adult kids is hampering their ability to save for themselves, while 20 per cent say it has actually delayed their retirement.

One in four parents said they spend more than $500 a month to cover their adult kids' rent, groceries and other bills.

The most recent data released by Statistics Canada in 2011 showed that 42.3 per cent of adults aged 20-29 lived at their parental home, "either because they never left it or because they returned home after living elsewhere."

Hannah Frazer returned to the nest after graduating to live with her parents, Mary Lou and Donald, in order to save money. COURTESY HANNAH FRAZER/TORSTAR NEWS SERVICE

In 2006, 42.5 per cent of young adults lived at home, a marked increase from previous decades (32.1 per cent in 1991 and 26.9 per cent in 1981).

Monica Boyd, a sociology professor at the University of Toronto who researches the reasons young adults live with their parents, said the rising rate is linked to several factors, including school attendance, postponement of marriage ages and family structures.

THE CANADIAN PRESS, WITH FILES FROM JILLIAN KESTLER-D'AMOURS

#WhoWillYouBe
WHO WILL YOU BE THIS YEAR?
Visit the Back-to-School Style Spot at Rideau Centre on Level 2, Nordstrom Court for your chance to
WIN a $500 CADILLAC FAIRVIEW SHOP! CARD®
OPEN LABOUR DAY
MONDAY, SEPTEMBER 7, 10:00AM - 6:00PM.
RIDEAU CENTRE
www.rideaucentre.com
*Disclaimer, not all items shown available for purchase. No purchase necessary. Contest closes September 7, 2015 at 11:59:59 PM (EST). Odds of winning depend on number of entries received. One (1) $500 Cadillac Fairview SHOP! CARD gift card is available to be won. See full rules and regulations at www.rideaucentre.com or at the Back-to-School Style Spot on Level 2, Nordstrom Court. ®Registered trademark of The Cadillac Fairview Corporation Limited

metro VIEWS
Your essential daily news
Thursday, September 3, 2015

CHANTAL HÉBERT: ON THE NDP'S BIG DREAMS

"Thomas Mulcair has been making some hefty promises ... he has yet to demonstrate how a New Democrat government would walk its election talk.

From a national childcare program to balanced budgets, the abolition of the Senate and the repeal of the Clarity Act, NDP Leader Thomas Mulcair has been making some hefty promises on the way to a leading position in voting intentions.

But five weeks into the campaign, he has yet to demonstrate how a New Democrat government would walk its election talk on any of the above.

A national childcare program: The NDP is promising to create one million new childcare spaces over two mandates. The result would be a comprehensive $15-a-day program along the lines of the Quebec system.

But it will not get off the ground unless the provinces agree to pay 40 per cent of the tab. For its part, Ontario has signalled that it would want the money it already spends on childcare to be considered part of its share of the bill.

Quebec, whose government has been trying to rein in its childcare costs, would similarly expect to be compensated for its efforts to date.

Looking at the lay of the land in Canada's biggest provinces, getting to one million new spaces could either take more than eight years or call for significantly more federal dollars.

A balanced budget: When the Liberals, under Paul Martin, belatedly turned their minds to a national childcare initiative in 2004, the federal government was awash in money. Instead of overflowing coffers, an incoming NDP government would find bare cupboards.

The federal fiscal outlook has deteriorated along with Canada's economy. Over their decade in power, the Conservatives have put billions of dollars of recurring tax cuts on the books and, in the process, curtailed the federal capacity to invest in new national programs.

The NDP is planning to maintain most of those cuts — notably a 2-point decrease in the GST; income-splitting for seniors and the recently enhanced child benefit, as well as spend more on a variety of social programs.

The New Democrats will publish a fully costed platform before Sept. 17 — the day of the Globe and Mail-sponsored leaders debate on the economy. Expect skeptics to go through it with a fine-tooth comb.

The abolition of the Senate: Quebec and Ontario — among other provinces — oppose this signature NDP promise. Moreover, Quebec will insist on having its longstanding constitutional demands addressed before it entertains any other reforms.

Some New Democrats have mused about holding a national referendum to force the provinces' hand on the issue. Good luck with that! Unless a majority votes yes to abolition in every province, the result will lead only to the entrenchment of the opposition of some premiers.

Even if one were to assume that the arrival in power of the NDP would magically be followed by provincial agreement to both clear the Quebec's constitutional slate and unanimously abolish the upper house, the amendments would still have to be voted in every legislature over a three-year period.

With zero representation in the Senate, how would an NDP government manage its legislative agenda over those years?

And then there is the promise — popular in Quebec but controversial in the rest of Canada — to repeal the Clarity Act and change the rules that would guide the federal government in the event of another referendum on Quebec's future. An NDP government would negotiate the province's secession on the basis of a simple pro-independence majority.

In the absence of Liberal or Conservative support, the New Democrats would have to lead a majority government to effect that change. But majority or not, expect that proposal to be dead on arrival in a non-NDP Senate.

Mulcair is not the first federal leader to vouch to pull policy rabbits out of a prime ministerial hat.

With zero representation in the Senate, how would an NDP government manage its legislative agenda?

In 1993, Jean Chrétien promised to make the GST disappear, to finance a national childcare program out of thin fiscal air, and to re-negotiate NAFTA, the free-trade agreement between the U.S., Canada and Mexico.

As in the case of the NDP, today there were plenty of unanswered questions as to how a Liberal government would square the circle of its promises. That did not prevent Chrétien from winning a majority victory and from jettisoning his cumbersome commitments at the first politically astute opportunity.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

THE MICROTREND: A new fashion blooming

A strange craze that germinated in Chengdu, in southwestern China, is spreading like a weed all over the country and beyond. Men, women and children are wearing the "bean sprout hairpin," a hair clip that makes them look like they have a plant growing out of their heads. The barrettes, which come in daisy and rose varieties and cost about a dollar, are a sensation on social media, and it may only be a matter of time before they sprout up on streets on this side of the pond.

SOURCE: WALL STREET JOURNAL
PHOTO:AM730.COM.HK

ROSEMARY WESTWOOD

metroview

One-year abortion-forgiveness offer? I'll wait for real change

The Pope has called for "a widening of the church's mercy" when it comes to women who've had abortions.

That should sound like good news to a Trudeau-esque pro-choice Catholic like me.

But instead it adds another level of confusion to what is already an incredibly nuanced church teaching.

I don't doubt Francis' sympathy for women facing the "agonizing and painful decision" to have an abortion. The move might even help some women, because it directs all priests to forgive what is an excommunicable offence.

But the offer only applies during the Holy Year of Mercy, beginning in December. It's not clear what happens to women who miss that window.

"Pope Francis likes to have this merciful tone," Kate McGee told me. "Well, I think it's totally backfired, because now all sorts of people are going, 'What? What are you talking about?' One of my conservative friends was saying, 'Why is the Pope saying this? We already offer up absolution for any sin.'"

McGee is a young psychotherapist with the Jesuit college at the University of Toronto — a self-described feminist Catholic.

Church law already varies; depending on whether you knew abortion was excommunicable, whether you were forced, if you were under 16.

Priests in North America have already agreed to ceremonially absolve women who ask for forgiveness after an abortion. What's new is that Francis is widening that power to other parts of the world, where that power lies with the bishop.

The announcement is about tone, not substance, McGee noted. Abortion remains a grave sin in the church's eyes.

"I've never understood why abortion would be excommunicable, but not murder," McGee added. "If you're going to equate them ..."

I cut her off, blurting out, "I didn't realize that!" and thinking: That sounds ridiculous.

The Pope could correct the inconsistency and change law, though "there's no evidence he's going to," McGee said.

This is more like a limited-time Year of Mercy sale.

McGee has been told it's good the church changes slowly. That way, it can bring with it the great swath of cultures woven into it.

I've never been very patient.

Instead of muddying the waters of an already polarizing issue, I wish the Pope would keep focused on the kinds of root causes that could greatly diminish the demand for abortions, especially poverty, and more ironically for a patriarchal organization, sexism.

I'm sure some women will accept the offer of mercy, but I'm holding out for change.

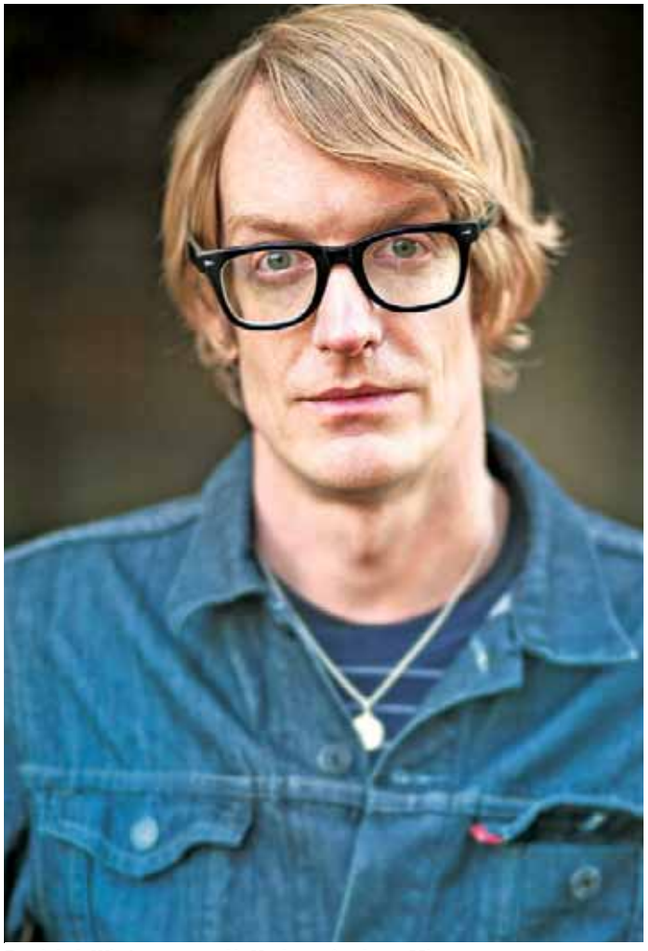
metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank
VICE PRESIDENT & EDITOR
Cathrin Bradbury
VICE PRESIDENT & GROUP PUBLISHER METRO EASTERN CANADA
Greg Lutes
MANAGING EDITOR OTTAWA
Steve Rennie
ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

metro LIFE
• GOSSIP
• STYLE
• BOOKS
• TV
Your essential daily news

Wikipedia has blocked 381 accounts used by people paid to create or tweak entries



Patrick deWitt's new novel is Undermajordomo Minor. DANNY PALMERLEE

Minor anxiety over major book

PATRICK DEWITT

Man behind The Sisters Brothers felt vulnerable with this followup

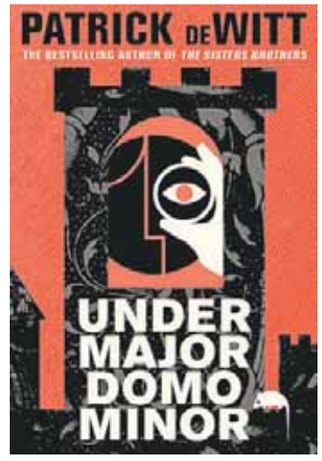
BOOKWORM
Sue Carter

There was a six-month phase during the three years that it took Patrick deWitt to write his new novel, Undermajordomo Minor, when he faced daily anxieties over the followup to his award-sweeping black Western comedy, The Sisters Brothers. "It was really crippling," he says.

The worries returned later as advance copies of the book, published by House of Anansi Press, began to circulate, and he awaited the first reviews.

"I was feeling very vulnerable at the time. You want the book to be judged on its own, but ultimately I realized I was powerless," he says.

In the end, the Canadian-born writer, who now resides in Portland, Ore., decided that what matters most is his own feelings about the work.



"Was this the best I could do at that time? I can't worry about the rest too much."

DeWitt's past worries are understandable. Not only was his 2011 novel a critic and prize-jury favourite, it inspired a rare fanaticism in readers, and was optioned for film by actor John C. Reilly, who will co-star as one of the hitmen-for-hire siblings (the two also worked together on the film Terri, for which deWitt wrote the screenplay).

Fans of The Sisters Brothers will rejoice at the return of deWitt's wry, funny dialogue and over-the-top, almost slapstick violence.

This time, the protagonist is a young, shiftless compulsive liar named Lucy Minor, who takes a position as a servant at the mysterious Castle Von Aux, owned by a baron whose raging bouts of insanity result in one of the most disgustingly visceral scenes involving a rat in recent memory. While Lucy encounters petty thieves, bloodthirsty soldiers with no apparent cause to fight for and a treacherous "Very Large Hole," the story is grounded in his pure love for Klara, a poor beauty from the village.

Prior to Undermajordomo Minor, deWitt was working on another manuscript, this time with a contemporary setting, which he abandoned out of boredom. Historical eras, he says, give him the freedom to "exercise baroque, ridiculous language. With an antique setting you can deal with anything difficult."

Unlike some historical authors (if you can technically call deWitt one), he doesn't get caught up in research or worrying about accuracy — Undermajor has no identifying time or geographic location. "Authenticity and attention to detail hold very little interest for me," he says. "It feels like homework, and I hated homework as a kid."

LATE-NIGHT SHOWS

Colbert can do the impossible, now he must do the possible

Stephen Colbert is about to turn a corner in his career.

Having split from cheeky Comedy Central, he will now hold court at old-guard CBS. He will inherit the theatre, time slot and series title (though with an added The) owned for 22 years by David Letterman.

Little wonder that Colbert's disciples wait anxiously to see what The Late Show With Stephen Colbert will be like. How beholden will it be to late-night talk-show conventions stretching back six decades? Will it abandon Colbert's signature political edge?

If the early guest lineups offer any clue, he'll offer a rich blend of talk: Republican presidential hopeful Jeb Bush and Vice-President Joe Biden will appear the first week, along with entrepreneurs Elon Musk (SpaceX and Tesla Motors) and Travis Kalanick (Uber), plus a show-biz mix.

Colbert, 51, comes to The Late Show after establishing himself in the guise of a messianic blowhard who spoofed Bill O'Reilly with maybe a touch of Rush Limbaugh thrown in.

On The Colbert Report, he played the host as a jerk, but endearing "someone who wasn't *aware* that he was a jerk; a well-intentioned, poorly informed, high-status idiot. I wasn't sure that I could get all four of those rotations on the ball. But it worked out."

His was a game of three-dimensional chess, especially with the interviews, which became his favourite part of the show, but they were also exhausting.

> **"I'm not tired when it's over. I feel great. That's the most startling thing to me.**
> Stephen Colbert, on interviewing as himself

"Talking with a guest, I had to run everything through the CPU up here" — he points to the computer in his noggin' — "to grind out a version of myself, instantly, while keeping my intention as a satirist evident inside the Trojan horse of my character's role as a pundit who trades on divisiveness." Whew.

Despite (or, more likely, because of) this Rube Goldbergian process, Colbert's interviews were not just funny, but as incisive as anyone's on TV. With his native observations shining through the prism of his on-screen persona, he emerged as a stealth truth-teller. On The Colbert Report he proved he could do the impossible. But now ...

"Can I do the POSSIBLE?!" he cuts in with a chortle.

He has no doubt that, yes, he can. "So far I've pre-taped at least half-a-dozen interviews as myself," he says. All the while, The Character "sat on my shoulder, saying, 'Let ME do it! I can make everything a joke!' And I would go, 'No, no, I want to see what it's like to do it WITHOUT you.'"

THE ASSOCIATED PRESS

Stephen Colbert will interview George Clooney, Elon Musk and Kendrick Lamar on his new show. GETTY IMAGES

Get your nose up in Bill Murray's business

SCENT OF A MOVIE STAR

Scratch and sniff book reveals smells of actor's films

You've enjoyed his movies — now, wallow in the aromas of Bill Murray.

This delight is thanks to Cook Your Own Food — a Bill Murray Scratch and Sniff. It's a book that pays homage to the popular thespian, with 10 different smells inspired by his movies.

Simply scratch and get a noseful from Lost in Translation, Moonrise Kingdom, The Life Aquatic, or Groundhog Day.

Metro spoke to John Jarvis, the creator of the book (now available online from Sugoi Books) on the appeal of getting a whiff of Murray.

Scratch the book's scene of Bill Murray dining with Scarlett Johannson in Lost in Translation for a whiff of sushi. ALL PHOTOS CONTRIBUTED

You'll have to pick up the book for the eau de Rushmore.

What inspired you to do this?
I am a huge lover of Bill Murray, first and foremost. He's an inspiration on screen: funny, sad, cerebral and thoughtful. He has such a deep personality which lends itself to be captured in art, and if you look online there is a lot of it. We wanted to get close to Bill, to get inside his films and have lots of fun doing it. What better fun than smelling his films? It's a super fun way of exploring Bill Murray, of seeing some of the best illustrators around the world pen some great art. Hopefully people will laugh with their friends — that's the point.

Do you think it will draw people closer to the actor, or push them away?
In the '70s, the idea of smelling in cinema was a giant thing. I suppose we thought it gave the posture a new dimension. Put us with the characters on the screen. I like the idea that we can take part in the books and art we buy, look at. I want everyone to take part and have fun. That experiential sense of play is taking off, lets do it!

How many pages are there? There will actually be 10 smells, so 24 pages in total. Each image gets a double spread. So, they are much bigger and expansive to let you really explore. Each spread will have a pink pad, scratch that and you get absorbed with a sweet smell of Bill.

What are the main aromas?
We've tried to keep the smells in context to the film. When Bill eats an apple in The Life Aquatic, we have an apple smell. When Bill eats sushi with Scarlet Johansson in Lost in Translation, we have a fishy smell. Of course, when his character Carl Spackler finds a Baby Ruth candy bar in the pool in Caddyshack — uh oh.

What's been the reaction to the book?
People seem to really love the idea and some people seem to not understand. I like to think it's such a unique and individual idea, its not going to be for everyone. METRO NEW YORK

PAMCI
Pour mieux performer sur le marché du travail
INFORMEZ-VOUS. ÇA COMMENCE!
Vous êtes un professionnel du domaine de la construction formé à l'étranger ?
PAMCI EST POUR VOUS !
PAMCI offre aux participants la possibilité de se familiariser avec le milieu de la construction au Canada par le biais de :
FORMATIONS ET ATELIERS PRATIQUES | TECHNIQUES DE PERFECTIONNEMENT | OCCASIONS DE RÉSEAUTAGE
Pour connaître les critères d'admissibilité et pour obtenir plus d'information :
613 742-2475 | www.lacitedesaffaires.com
Financé par : Ontario Canada
Pavillon F, Local F3270
801, promenade de l'Aviation
Ottawa (Ontario) Canada K1K 4R3
LA CITÉ DES AFFAIRES
LA CITÉ
LE COLLÈGE D'ARTS APPLIQUÉS ET DE TECHNOLOGIE

Programme « PRATIC » de La Cité
« PRATIC » Programme d'accès aux technologies de l'information et des communications
NOUVEAU PROGRAMME permettant l'accès au marché du travail dans les technologies de l'information et des communications
SERVICES CIBLÉS POUR LES NOUVEAUX ARRIVANTS
Saviez-vous que...
• le gouvernement fédéral est le principal employeur de la région d'Ottawa ?
• le gouvernement fédéral exige au minimum un diplôme d'études collégiales ?
• les nouveaux arrivants ont de la difficulté à faire valoir leurs acquis éducatifs et leurs expériences de vie lors de leur inscription à un collège ou à une université ?
• le projet PRATIC peut vous aider à faire valoir vos antécédents, accélérant ainsi le processus d'obtention d'un diplôme ?
PRATIC débute le 21 septembre 2015 !
COMMUNIQUEZ AVEC NOUS DÈS MAINTENANT
afin de déterminer votre admissibilité : 613 742-2475
www.lacitedesaffaires.com/service-immigrants/projet-pratic.htm
Financé par : Ontario Canada
LA CITÉ
LE COLLÈGE D'ARTS APPLIQUÉS ET DE TECHNOLOGIE

Fall books by and for all ages

STORYTELLING

100-year-old's memoir and teen star's first novel bookend new fall reading

Brian Selznick and Edwidge Danticat, authors of two of fall's most anticipated works for young people, both know something about living in multiple worlds.

Selznick has been travelling, in his mind, among movies, printed books and digital texts. He worked on drawings for The Marvels, a 600-page adventure across the centuries that alternates between text and illustrations, while adapting his novel Wonderstruck for a planned feature by Todd Haynes. He has also finally allowed his distinctively illustrated stories to be released as ebooks, and upon completing The Marvels thought of how he could convert it for digital readers.

"The challenge is always to make the story feel like it can only be told in the medium it appears," Selznick says. "In the end, storytelling is storytelling, and each medium has its own demands and opportunities unique to it."

Danticat's Untwine is narrated by the teen daughter of Haitian immigrants as she recovers from a serious car crash. Untwine was a switch in style for Danticat, best known for such adult works as the novel The Dew Breaker and the memoir Brother, I'm Dying, and a journey back to a younger self.

The next few months will feature books for all ages by authors of all ages — from a new Rookie Yearbook novel by teen star Tavi Gevinson to a memoir by the 100-year-old Pulitzer Prize winner Herman Wouk — with a few Nobel laureates in between.

Wouk, a published author for nearly 70 years, shares his rare perspective in Sailor and Fiddler: Reflections of a 100-Year-Old Author. Stan Lee, 92, tells his story in words and illustrations in Amazing Fantastic Incredible: A Marvelous Memoir.

Punk and New Wave music are old enough that some of the leaders are writing memoirs, from Elvis Costello and Chrissie Hynde to Patti Smith and Carrie Brownstein.

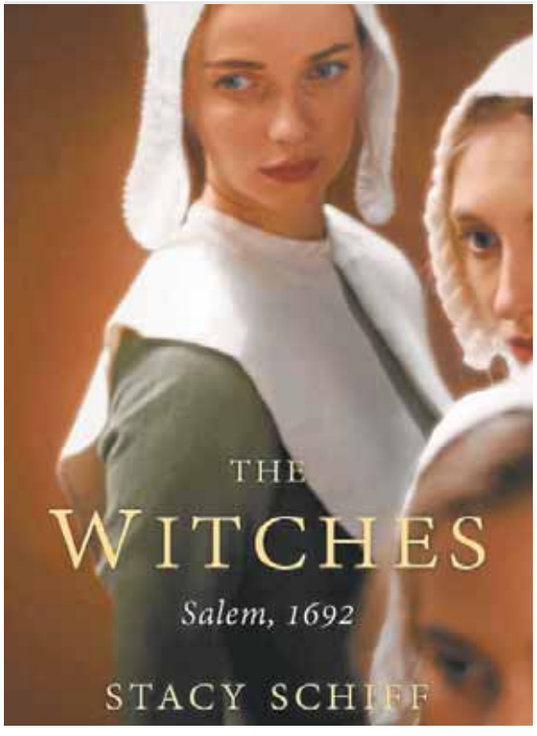
Actors also are looking back. Mindy Kaling offers the latest on her life in Why Not Me? Mary-Louise Parker addresses friends, family members, lovers and other men in Dear Mr. You. Jesse Eisenberg's humour pieces, many of which ran in The New Yorker, are collected in Bream Gives Me Hiccups.

The fall is publishing's prime showcase for literary fiction, with novels by Jonathan Franzen, David Mitchell and Elena Ferrante.

David Lagercrantz continues the late Stieg Larsson's Millennium series with The Girl in the Spider's Web and Anthony Horowitz has written a new James Bond novel, Trigger Mortis. J.K. Rowling resumes her alternate life as crime writer Robert Galbraith with Career of Evil. George RR Martin explores the back story of Westeros in A Knight of the Seven Kingdoms. Margaret Atwood, author of such dystopian novels as The Handmaid's Tale, conjures more nightmares in The Heart Goes Last.

"It's getting easier (to create dystopias)," said Atwood, whose new book features a community of rotating prison inmates. "You're just putting together a mosaic of what's around you, putting together things that are already happening somewhere or have happened and seeing what this mix produces."

THE ASSOCIATED PRES



OF WITCHES AND THE WEB

'Slanderous news travels'
Stacy Schiff looks back to the 17th-century witch trials in The Witches: Salem, 1692. "The similarities between the oral culture of that time and the Internet are approximately 100 per cent," Schiff says. "Something is mentioned once and suddenly it's everywhere. It's amazing the way slanderous news travels. And what we say is indelible. That's what happened in the 17th century. Witchcraft accusations wouldn't go away."

Formation linguistique axée sur les professions
FLAP
COLLEGES ONTARIO | COLLÈGES ONTARIO
Occupation-specific Language Training
OSLT
FORMATIONS GRATUITES
RÉSERVEZ VOTRE PLACE!
FLAP construction, entrepreneuriat, épe et santé
FORMATIONS GRATUITES
afin de vous aider à décrocher ou à améliorer votre emploi
Vous êtes immigrant ? Vous recherchez des résultats concrets, un perfectionnement ciblé dans les domaines de la construction, de l'entrepreneuriat, de l'éducation à la petite enfance ou de la santé ?
Informez-vous dès maintenant !
613 742-2475 | www.lacitedesaffaires.com
Financé par : Citoyenneté et Immigration Canada
Funded by: Citizenship and Immigration Canada
COLLEGES ONTARIO | COLLÈGES ONTARIO
801, promenade de l'Aviation
Ottawa ON K1K 4R3 Canada
LA CITÉ DES AFFAIRES
LA CITÉ
LE COLLÈGE D'ARTS APPLIQUÉS ET DE TECHNOLOGIE

Falling for you

It's soon time to put away your shorts, tanks and summer dresses. This autumn, androgyny reigned on the runway, the '70s and '80s became the referential decades, and designers saluted military fashion. AFP

John Galliano

GENDER BENDER

Fluid fashion

Androgynous style has inundated runways this year with men sporting womenswear looks and women donning more masculine wardrobes.

Very much Cara Delevingne-inspired, the trend calls for three-piece suits for women and oversized, deconstructed outerwear. Men are shown layering pants and skirts, while traditional staples were given feminine flourishes such as bows, ruffles and cinched waists.

Vivienne Westwood had models sashay down the runway in brown tweed and grey pinstripe suits with broad, exaggerated shoulders. John Galliano and Julien David also showed unisex looks.

Topshop Unique

THROWBACK

Time travel

Hot on the trail of the '90s trend, the fall season takes us further back in time to the '70s and '80s.

The look is loud, showcasing key styles from both eras: turtlenecks (back in fashion since last year), flared pants, psychedelic prints, prominent florals, vinyl and lurex.

Loewe paid particular attention to the '80s this season, featuring large lapels, graphic prints and boldly paring metallics with patents. JW Anderson also got on the lamé bandwagon. Slouchy leather boots and belts with bright, geometric acrylic buckles completed the looks. Gucci and London by Topshop Unique showed bohemian looks.

Elie Saab

DETAILS

Military precision

Military-inspired pieces marched down the runway this season. Double-breasted overcoats and outerwear like parkas and trenches dominated.

This year, discretion is key and designers have focused on the minor details that evoke a military feel — such as uniform buttons and nautical stripes.

Camouflage is out, replaced by army greens and khakis. The result is much more feminine, sophisticated and accessible.

Elie Saab presented his version of an officer's jacket with a stand-up collar and Isabel Marant used uniform buttons to her full advantage.

FASHION NOTES

Beauty queen

Rihanna has suggested her next endeavor may be in cosmetics.

During an interview to promote her newest fragrance, RiRi, a Refinery 29 reporter asked about a a trademark she registered last year for Fenty Beauty.

"It's something that I've always wanted to do," she told Refinery 29, "I'm going to find some time between albums and fragrance to do that.."

The reporter went on to ask about some of the makeup items she might like to work on, to which Rihanna replied that there are "a lot," continuing, "Lashes that could just put themselves on ... lipstick that doesn't move, but doesn't dry your lips out, that you don't need a liner for. I mean, it sounds so unreal." AFP

The Row taking a New York minute

Mary-Kate and Ashley Olsen's fashion brand is moving from New York to Paris to show at the city's spring fashion week.

The Row is off the New York schedule and on Paris', reports WWD. No details have been revealed and the reason for the move is also unknown.

The Row launched in 2006 and has shown up on the Paris schedule on one other occasion: in 2011, the show went from New York to the later Paris fashion week due to sample delays.

Paris ready-to-wear fashion week runs Sept. 29 to Oct. 7. AFP

BODY IMAGE

Vancouver model bullied online

A plus-size Vancouver model says she's been boosted by the support she's received since battling back against cyberbullies who body-shamed her online.

Ruby Roxx said she received a link from one of her Facebook followers featuring a photo of herself digitally doctored to make her look thinner.

"The caption that they put on with it was: 'Look how much better she looks, she looks so much younger. Imagine how much potential she'd have if she looked like this,"' recalled Roxx, whose real name is Jenn Palsenbarg.

"My initial reaction was I kind of laughed because the Photoshopping was so poorly done and I looked so unnatural."

Roxx said she shared the page and image with friends and followers, hoping to have the Project Harpoon account shut down.

Ruby Roxx THE CANADIAN PRESS

Inadvertently, she said it made the page "go viral," bringing greater attention to their efforts.

Roxx turned to social media herself to battle her online critics.

"I am a strong, confident, plus model, who is proud of her body," she wrote in an Aug. 22 blog post on her website. "I will not let online bullies such as you make me feel bad about loving myself."

Roxx said she was buoyed by the support she received from her boyfriend, friends and family as well as the outpouring of encouragement online. Roxx said the media attention and reports filed about Project Harpoon led to the pages being deleted, but added that new incarnations are emerging under different names.

Roxx said she's talked about pursuing legal action with her boyfriend, who is a lawyer, but "doesn't want to go down that road" at this time, believing the process would be emotionally and financially draining.

THE CANADIAN PRESS

GOSSIP IN BRIEF Deflategate still hasn't blown over; Kermit spotted with a redhead

Tom and Gisele on the rocks

It hasn't been a great summer for Tom Brady, and not just where his football career is concerned. The embattled quarterback has reportedly also been facing the ire of wife Gisele Bundchen, who recently consulted a divorce lawyer, according to Us Weekly.

"Tom's become very nasty and irritable and started acting out on her" in the wake of the Deflategate scandal, a source says. NED EHRBAR/METRO

Oink with the old, in with the new

After Kermit the Frog and Miss Piggy ended their relationship less than a month ago, both have new love interests, according to People magazine. The magazine reports that Kermit "has been spotted around town numerous times" with another pig, a pale redhead called Denise. AFP

TWITTER TIFF

What do you mean, Lena Dunham?

Lena Dunham has spoken out to question the message behind Justin Bieber's new single What Do You Mean?

The tropical-tinged pop song finds Bieber cooing in the chorus: "What do you mean? When you nod your head yes, but you wanna say no." Earlier this week Dunham tweeted: "Let's do away with pop songs where a girl nods yes when she means no and vice versa, k?"

A day later, the Girls creator posted to Instagram side-by-side photos of herself and a younger Bieber with similar haircuts, and the caption: "How could anyone think I have an issue with Bieber?" THE CANADIAN PRESS

HARRY POTTER

A new generation heads to Hogwarts

Harry Potter's fictional son will be among the nervous British children making the move to big school this week, novelist J.K. Rowling has told fans in an announcement that made a generation of loyal readers feel old.

"I'm in Edinburgh, so could somebody at King's Cross wish James S Potter good luck for me? He's starting at Hogwarts today.

"#BackToHogwarts," Potter creator Rowling told her followers in a tweet on Tuesday. In a second tweet later in the day she said the 11-year-old, who was born in 2004 to Harry and Ginny Potter, had joined Gryffindor, the same house that his father attended at the Hogwarts School of Witchcraft and Wizardry in Scotland. AFP

She said see you l8ter boi

SPLIT

Chavril announce separation on Instagram

Chavril is kaput.

Avril Lavigne and Chad Kroeger announced their separation on Lavigne's Instagram account on Wednesday, vowing to remain "the best of friends."

The couple's whirlwind romance began in March 2012, when Kroeger was enlisted to help with the songwriting on Lavigne's self-titled fifth record.

They began dating in July, became engaged in August, and married the following Canada Day at a grand medieval castle in France.

Over the last year, both Canadian rockers have dealt with health issues.

Lavigne, 30, conceded she was dealing with illness in December and clarified in May that she had been diagnosed with Lyme disease.

Kroeger, 40, had to recently cancel Nickelback tour dates in North America and Europe because the Hanna, Alta., singer required surgery for a cyst on his larynx.

Chad Kroeger and Avril Lavigne married in 2013. GETTY IMAGES

Lavigne's Instagram statement, which was accompanied by a photo of the couple dancing, referenced their shared musical accomplishments.

Kroeger co-wrote 10 tracks on Lavigne's last album, produced three and co-produced four. Their duet, Let Me Go, hit No. 12 on the Canadian chart and also made the Top 100 in the U.S., Australia and Germany.

"It is with heavy heart that Chad and I announce our separation today," wrote the Napanee, Ont., native.

"Through not only the marriage, but the music as well, we've created many unforgettable moments. We are still, and forever will be, the best of friends, and will always care deeply for each other.

"To all our family, friends and fans, thank you sincerely for the support."

It was the second marriage for Lavigne, whose union with Sum 41 rocker Deryck Whibley ended in 2010. THE CANADIAN PRESS

THE REWARDS YOU WANT
20x faster
SATURDAY, SEPTEMBER 5
20x THE SHOPPERS OPTIMUM POINTS®
WHEN YOU SPEND $50 OR MORE ON ALMOST ANYTHING IN THE STORE.*
FREE feels good
SHOPPERS DRUG MART

*Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, RBC® Shoppers Optimum® MasterCard® points and points associated with RBC® Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. ® 911979 Alberta Ltd.

metro HOME
Your essential daily news

Drape Turkish towels over chairs to jazz up an outdoor space

Developers get to the art of the matter

GIVING BACK

Funding for public projects a requirement for rezoning in some cities

CONDO TRENDS

Duncan McAllister

Public art enhances the urban experience and enlivens city streetscapes. In many Canadian municipalities, condo developers are required to contribute funding to the public realm as an offset for rezoning considerations.

In the city of Vancouver for example, rezonings greater than 100,000 square feet are required to contribute $1.81 per square foot to a public art process approved by the city. It's a way for developers to "give back" to the community, in the form of public parks, community centres, swimming pools and public art.

Ottawa

In Ottawa, the Corners on Main is a two-building, midrise condo project at the corner of Main Street and Oblate Avenue. This stretch of Main Street is slated for a complete makeover, planned by the city of Ottawa. Part of the design includes a city-commissioned art installation created by Ottawa artist Stuart Kinmond and will feature a series of geometrically shaped benches and three, six-metre towers. A series of glass images will depict landscapes of the Rideau Canal, the Rideau River and old Ottawa East.

Halifax

As part of an initiative to bring public art to the Halifax and Bedford waterfronts, Nova Scotia's Waterfront Development Corporation has partnered with condo developer Provident Developments to profile works by Maritimes-based artists Darren Byers and Fred Harrison.

Of Sea and Shore is a sculpture cast in bronze and textured with carvings. A stainless steel element represents the sprawling reach of the Bedford Basin.

OTTAWA Top: The Corners on Main is a midrise condo project by Ottawa developer Domicile. Bottom: An art installation by Ottawa artist Stuart Kinmond, part of the redesign of Main Street, will feature a series of geometrically-shaped benches and three, six-metre towers. COURTESY DOMICILE

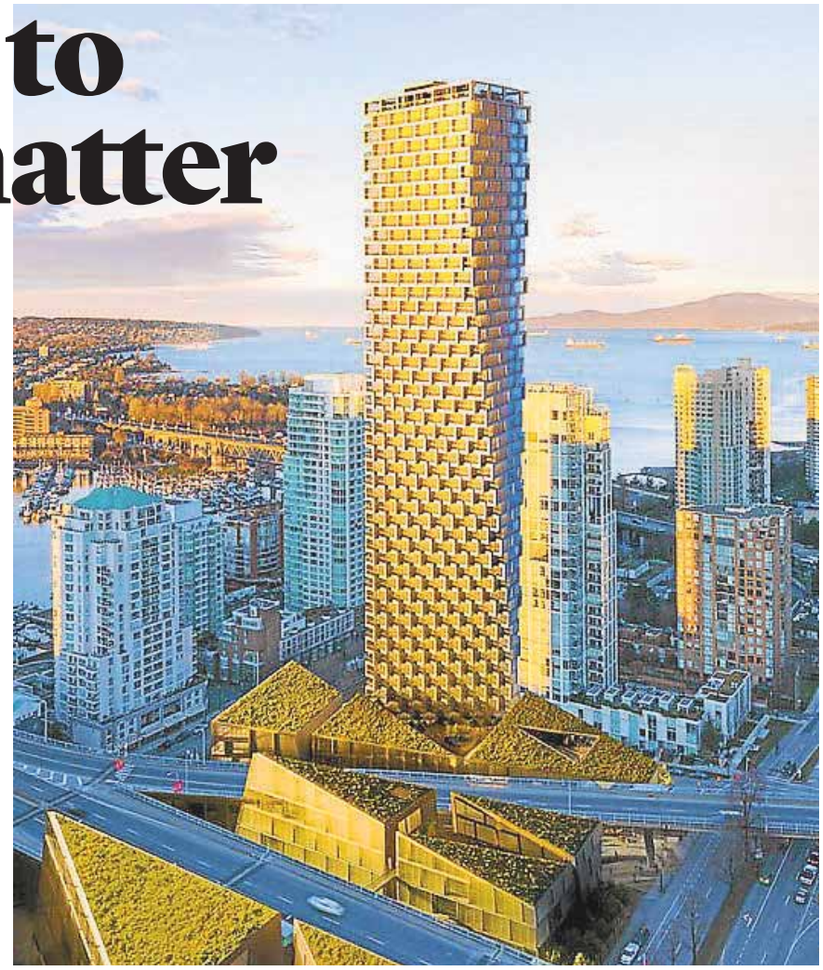
Standing four metres high, the sculpture will be located in a public outdoor space between the Dockside Condominiums on the Bedford waterfront.

Byers says that the elements come from patterns we see every day: "The texture in the rocks, the patterns in a field of grass, and the foam that forms as the water is stirred and flows."

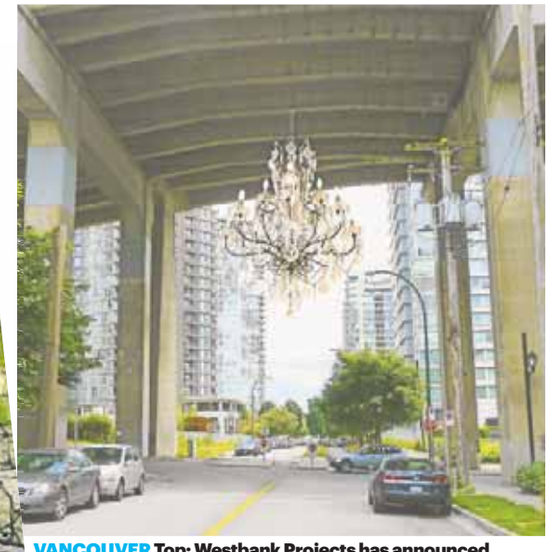
Vancouver

Vancouver developer Westbank Projects has announced a new 59-storey, twisting condominium tower, a prominent landmark at Howe Street and Beach Avenue. Vancouver House will be one of the city's tallest residential towers, slated for completion in 2018.

The project will include one of Vancouver's most innovative works of public art: an installation by renowned local artist Rodney Graham. A giant spinning chandelier will be suspended beneath the Granville Street bridge, the gateway to the city's downtown core. The large kinetic sculpture will take the shape of a giant faux-crystal, 18th-century candelabra.

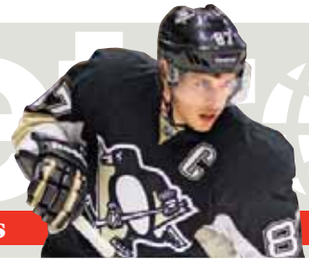


HALIFAX A sculpture commissioned for the Bedford waterfront by Darren Byers and Fred Harrison will be located in a public outdoor space between the Dockside Condominiums. COURTESY BYERS STUDIOS



VANCOUVER Top: Westbank Projects has announced Vancouver House, a 59-storey, twisting condominium tower. Bottom: Part of the project, a giant spinning chandelier by B.C. artist Rodney Graham will be suspended beneath the Granville Street bridge. COURTESY WESTBANK

metro SPORTS
Your essential daily news



Sidney Crosby is again the top player in EA Sports' NHL 16 video game with a 96 rating

As his team gobbles up foes, Gibbons eats less

MLB

Jays entered Wednesday with a record of 75-57

The Blue Jays' recent run of success has Toronto manager John Gibbons feeling good — and eating less.

In his normal pre-game chat with reporters Wednesday, the 53-year-old Gibbons said his diet is better as a winner.

"I eat less when things are going good," he said. "I'm a frustration eater.

"Look at me," he added with a self-deprecating grin.

Given the Jays led the American League East with a 75-57 record going into Wednesday's game against the Cleveland Indians, Gibbons has reason to smile.

Toronto, which had won eight of its last 10, led the majors in runs (725), homers (185), RBI (693) and slugging percentage (.451). Prior to Wednesday, the Jays were 22-6 since the start of August.

Gibbons said he worries less these days managing a winning club.

"The scoreboard dictates your life quite a bit," he acknowledged.

Life has been "much better," given the Jays' success. "I've got no family to enjoy with, so that hasn't changed," lamented Gibbons, a father of three whose family home is in San Antonio.

A message written on the white board behind Gibbons' desk offers a reminder from a loved one. "Good luck on the season! We love you, Dad!"

Barring player injuries, Gibbons joked his major worry was what he was going to eat for breakfast.

Perhaps it's a measure of Toronto's comfortable run of late that Gibbons was actually asked what his favourite breakfast was.

"I'm an omelette guy," he said.

Gibbons said despite his eating habits, his weight hasn't changed. Muscle weighs more than fat, he added with a smile.

THE CANADIAN PRESS

HOT AUGUST

Encarnacion named AL player of the month

After dominating at the plate for all of August, Toronto Blue Jays slugger Edwin Encarnacion has been named the American League's player of the month.

Toronto's first baseman/designated hitter had a league-best .407 average for August, hitting 11 homers and driving in 35 runs over that span.

He also finished first in the league in slugging percentage (.907) and extra-base hits (21).

Encarnacion had a hit in every game he played in August as he built a 26-game hitting streak from July 26 to Aug. 31.

Blue Jays manager John Gibbons. FRED THORNHILL/THE CANADIAN PRESS

Go to metronews.ca for coverage of the Jays-Indians game on Wednesday night.

AMERICAN LEAGUE EAST

Yankees take Red Sox to cleaners

Greg Bird, John Ryan Murphy and Carlos Beltran homered during an eight-run second inning Wednesday and the New York Yankees beat the Boston Red Sox 13-8.

Stephen Drew doubled during New York's big inning and added a three-run homer in the third. Didi Gregorius later homered for the Yankees.

WEDNESDAY In Boston

YANKEES	RED SOX
13	8

Masahiro Tanaka (11-6) pitched into the seventh inning as the Yankees won for the fifth time in six games. New York improved to 7-2 against the Red Sox at Fenway Park this season and 10-5 overall.

The Yankees entered the day 1-1/2 games behind the Toronto Blue Jays in the AL East.

The win was the 800th of Yankees manager Joe Girardi's career. He guided the Marlins for one year and is in eighth season with New York.

Red Sox left-hander Henry Owens (2-2) retired the first four batters in order but the next eight Yankees reached base safely. In all, he was charged with seven runs on six hits and two walks. THE ASSOCIATED PRESS

U.S. OPEN

Raonic fights through pain to advance to third round

Milos Raonic won his second-round match in four sets on Wednesday in New York. KENA BETANCUR/AFP/GETTY IMAGES

Canadians Milos Raonic and Eugenie Bouchard are through to the third round of the U.S. Open.

Raonic advanced after defeating Spain's Fernando Verdasco 6-2, 6-4, 6-7 (5), 7-6 (1) on Wednesday, while Bouchard downed Polona Hercog of Slovenia 6-3, 6-7 (2), 6-3.

Raonic, seeded 10th in New York, needed just 26 minutes to win the first set. But it soon became clear 24-year-old from Thornhill, Ont., who has battled injuries this season, was playing in discomfort.

He received treatment during a medical timeout in the second set and also received massages during some of the changeovers.

"There were sometimes doubts, should I keep going or not," Raonic said. "The worst part was it was sort of getting worse and worse."

> **It is what it is. Deal with it and move on.**
> Milos Raonic

He was able to fight through the injuries, and, after dropping his first set of the tournament in the third, cruised to an easy win in the fourth-set tiebreak.

Raonic will face another Spaniard, 18th-seed Feliciano Lopez, in the third round.

Bouchard, from Westmount, Que., had 14 break-point chances against Hercog, converting seven of them. But she also saved just four of the nine break points she faced.

After dropping the second set to Hercog, the 21-year-old felt she needed to increase her aggressiveness in the final set to close out the match.

"I tried to put on more pressure because I felt like that's when I did the best," said Bouchard. "Try to attack her backhand a bit more, put more pressure on the second serve, but I think in general I actually returned well on the first and second."

Bouchard will face Slovakia's Dominika Cibulkova in the third round. THE CANADIAN PRESS

Carcillo helping hockey's soldiers

NHL

Ex Blackhawk's foundation an aid for players after retirement

Daniel Carcillo watched helplessly as his friend and former teammate Steve Montador struggled to adapt to life after hockey. Concussions had left Montador with memory loss so severe that the longtime defenceman carried multiple keys for the same lock.

He tried becoming a radio analyst, but when that didn't pan out, he seemed burdened by an uncertain future.

"He just didn't know what he wanted to do next," Carcillo said. "He was just searching for that. He was searching for a lot of things, as we're all going to do when we move on."

Last winter, Carcillo was in the Chicago Blackhawks players lounge when he got the devastating news. Montador, just 35, was found dead in his Mississauga, Ont., home.

The cause of death has never been made public. An autopsy showed he had CTE, the progressively degenerative disease that has been linked to repeated blows to the head.

While Montador's story is complicated and tragic, many former players also grapple to varying degrees with the reality of life after hockey. It's a cycle that goes on every summer as contracts dry up, and in the coming weeks as training camps open, more players will be forced to hang up their skates for good.

In the wake of Montador's death, Carcillo has launched the Chapter 5 Foundation to help hockey players and other athletes in the stressful transition to their next careers.

"It's a very abrupt reality check when you get out of the game," Carcillo said in a recent interview. "You identify with being a hockey player and an athlete for so many years that you kind of not lose yourself but you forget who you are as a person and what your interests were in high school away from hockey and who your friends were."

The NHL and NHL Players' Association team up for the NHL Alumni's BreakAway Program, which aids in that process by offering education and career strategy, counselling, entrepreneurial training, seminars and other assistance.

But as several retired players know from experience, there's no textbook on how to take that next step.

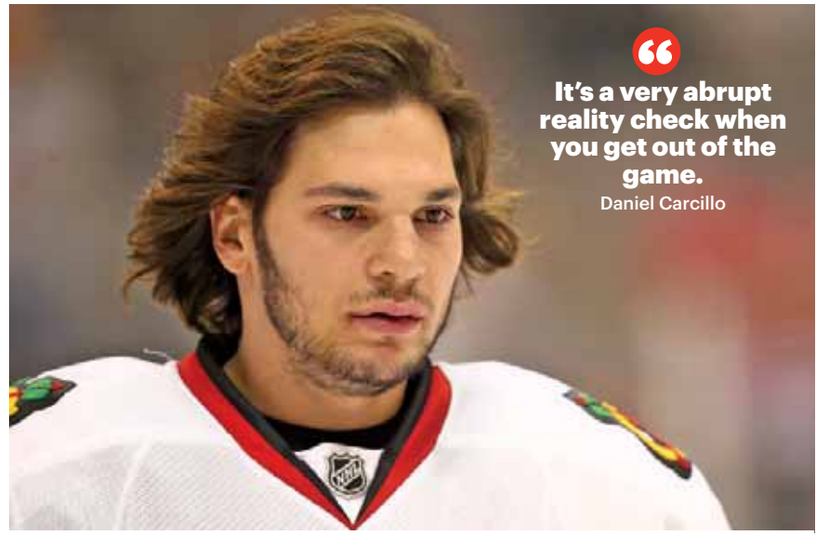
The transition from being a professional athlete to anything else actually begins while playing, financially and, perhaps more importantly, mentally. Many hockey players don't have the college education of athletes in other sports, a product of leaving home as teenagers to play at the junior level or elsewhere.

"We all had the one-track mind at one time, like, all we wanted to do was play pro hockey and we'll do anything in the world to do that," said Rick Berry, a defenceman-turned-financial adviser. "You think at the time you're just giving up maybe part of your youth and you're sacrificing part of your teenage years, but little did you know that it's a big catch-up period when you want to hit the stop button." THE CANADIAN PRESS

GRIMSON'S TAKE

"No matter how much you prepare, you're never quite ready for that moment," said former enforcer Stu Grimson, who practised law in retirement before becoming a Nashville Predators TV analyst.

"Anybody — I don't care if you're a welder, a teacher, an accountant, a lawyer, whoever — if you do something for 15, 20 or more years and you're forced to turn and then go do something else, that's a traumatic life adjustment for anybody." THE CANADIAN PRESS



Daniel Carcillo is trying to help his fellow NHLers transition into regular life when their playing days are done. RONALD MARTINEZ/GETTY IMAGES

Andrew Nicholson on defence vs. Cuba. GETTY IMAGES

FIBA AMERICAS

Canada books second-round spot by crushing Cuba

Andrew Wiggins and Nik Stauskas each had 15 points to lead Canada to a 101-59 rout of Cuba on Wednesday at the FIBA Americas men's basketball championship. A day after losing their tournament opener to Argentina, the Canadians came back with a complete team effort to book a spot in the second round.

Canada got a huge contribution from its bench, with Brady Heslip and Dwight Powell scoring 12 and 10 points respectively and Aaron Doornekamp pulling down a game-high nine rebounds. "After yesterday we needed to improve on a few things," head coach Jay Triano said.

"With four games in four days, we felt that was important. Once we got the ball in transition, that's the way we want to play — we want to try and score easy baskets as much as we can."

Wiggins, a member of the Minnesota Timberwolves and the NBA's rookie of the year last season, added six rebounds and two blocks. Stauskas, a guard with the Philadelphia 76ers, added six rebounds and four assists.

Jasiel Rivero had a game-high 20 points for Cuba (0-3). The result should boost the confidence of the talented but inexperienced Canadians, who are looking to finish in the top two in Mexico and qualify for the 2016 Rio Olympics. THE CANADIAN PRESS

RECIPE Apricot Soy-Glazed Chicken

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

A delicious and easy dish to prepare, made in minutes.

Ready in
Prep time: 10 minutes
Cook time: 15 minutes
Serves 4

Ingredients
- 1 1/2 lb boneless chicken breasts
- 1/2 cup apricot jam
- 1/4 cup light soy sauce
- 2 tsp toasted sesame seeds
- 1/3 cup dried apricots
- 3 Tbsp chopped cilantro or parsley

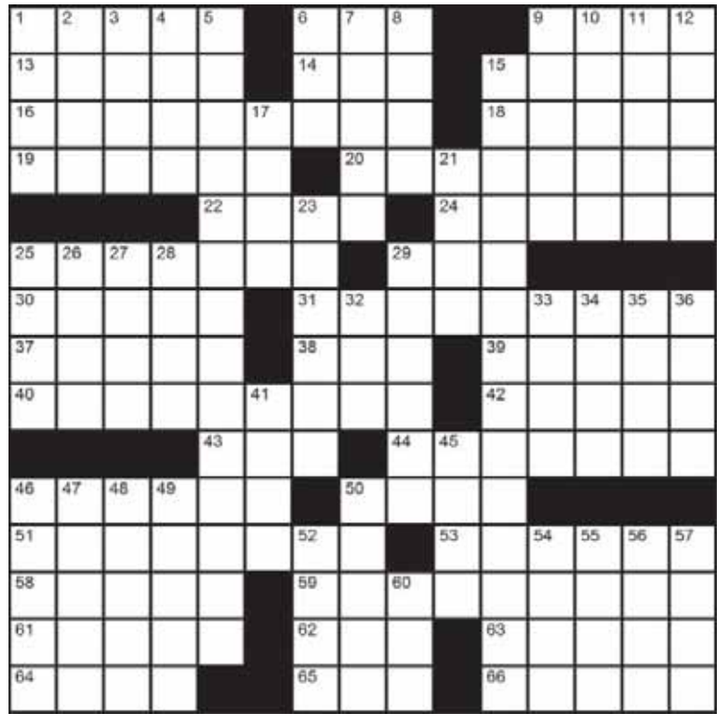
Directions
1. Preheat oven to 400 F. Spray a baking sheet with vegetable oil.
2. In a heated grill pan, sear the chicken on both sides for about five minutes total. Place on baking sheet.
3. In a small skillet, add jam and soy sauce. Bring to a boil, then simmer for two minutes just until bubbling. Spoon half over chicken, sprinkle with sesame seeds and bake just until temperature reaches 165 F, about 10 minutes.
4. Meanwhile, add hot water to apricots and microwave on high for 30 seconds. Let sit for two minutes until plump. Drain and slice in half.
5. Serve with remaining sauce, sliced apricots and cilantro.

Nutrition per serving
- Calories 336.5
- Protein 41 g
- Carbohydrates 35 g
- Fibre 0 g
- Total fat 3 g
- Saturated fat 0.6 g
- Cholesterol 98 mg
- Sodium 640 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Dapper shoe coverings
6. Abbreviations between the names of competing sports teams
9. Halt
13. Bound-to-the-land person of ancient Sparta
14. "The Simpsons" storekeeper
15. Where Tahrir Square is in Africa
16. Botanical garden
18. Earthenware pots
19. Austrian composer Mr. Mahler (b.1860 - d.1911)
20. Wheeled casino game
22. The _ Bible (John Kennedy Toole novel)
24. Snacked
25. Gives the class a project
29. Fish part
30. "Turn Me _" by Loverboy
31. Monstrous
37. Antelope of Africa
38. Dinghy direction-er
39. Ex-Pres. Bush's wife
40. Jock's 'shot' at the clinic
42. Bright beam
43. Mr. Barrett of early Pink Floyd
44. Puck no-go-inner's
46. Regular television show played by Canadian comic Norm Macdonald in commercials: 2 wds.
17. Balanced
21. Portion
23. "Sunday Morning" on CBS anchor Charles
25. Welsh composer Mr. Templeton
26. Unaccompanied
27. Go parasailing
28. "Say It _ So" by Hall & Oates
29. Precede
32. Sought the public's vote
33. Montreal-born humourist Mort
34. _ d'Orsay, in Paris
35. Montreal suburb, Baie-D'_
36. Depletes dinner
41. Procedure, for short
45. Great pitcher Mr. Hershiser
46. Glances over
47. Grain fungus
48. Kept going and going...: 2 wds.
49. "You're still the one _ _ good night..." (Shania Twain line)
50. Water nymph of ancient Greek mythology
52. Pod vegetable
54. Do a gift-giver's task
55. Magic spell starter...
56. Harness
57. Hideaways
60. Co. cousin
50. Fate goddess in Norse mythology
51. 1883's history-making volcano of Indonesia
53. Prince Island link
58. _ fatuus (Will-o'-the-wisp)
59. Defensive swarmer: 2 wds.
61. Highway-crossing danger
62. Laboratory labyrinth learner
63. _' to go (Eager)
64. Remote scientific facilities, e.g.
65. Do some math
66. Bridges

DOWN
1. Layered hairstyle
2. Modern spot of the Inca empire
3. Belonging to Calgary's prov.
4. Tugboat's sound
5. Song by Canadian animated pop duo Prozzak: 2 wds.
6. Cistern
7. Brush aside
8. Wrestling of Japan
9. Bargains
10. Farmland
11. Pontificate
12. Did a supermodel's work
15. KFC founder now

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Find a balance between the parts of your nature that like to feel secure and those parts that like to take a risk. Creatively and romantically this is a great time for you. Don't waste it on indecision or self-doubt.

Taurus April 21 - May 21
You play favorites but the current cosmic set-up is urging you to be even-handed in your approach to life and people you deal with on a one-to-one basis. Treat everyone with the same courtesy.

Gemini May 22 - June 21
Are your plans realistic? If they are you will make great progress. If not, you will be forced to rethink what you are doing.

Cancer June 22 - July 23
Focus on quality rather than quantity. Too often in the past you have scattered your energies in all directions. Now you must concentrate on the two or three things you do really well.

Leo July 24 - Aug. 23
You will do something extra special today, something that gets you noticed. Do it with style and your name will be known by all the right people.

Virgo Aug. 24 - Sept. 23
Great changes are possible but you must be honest with yourself. Part of the reason you have not succeeded to the extent that you should have is because you have been unwilling to put a name to your desires.

Libra Sept. 24 - Oct. 23
You are torn between the future and the past and must find ways to bring them together. The best way is to learn from what has gone wrong before and make sure you don't make the same mistakes again.

Scorpio Oct. 24 - Nov. 22
Stay true to what you believe in, even if it brings you into conflict with an authority. Just because someone is powerful does not mean they are right. Act on your principles.

Sagittarius Nov. 23 - Dec. 21
It is a waste of time trying to work out what is going to happen next. Go with the flow and trust that fate will steer you in the right direction — somehow it always does.

Capricorn Dec. 22 - Jan. 20
You may feel sorry for people who are down on their luck but don't start thinking that you are to blame. The best way to do your bit for others is to take care of those you are closest to. Charity begins at home.

Aquarius Jan. 21 - Feb. 19
You need to look at life from a more detached point of view. Some of the things you have allowed yourself to get worked up about are simply not worth the bother.

Pisces Feb. 20 - March 20
Strive to find a middle way and you will do yourself a favour, especially on the work front where colleagues and employers will respond in kind if you are willing to give ground.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1				7			
	3	8		6	2			
	9						1	
					9			4
		6				2		
5			8					
	4						8	
			9	8		7	5	
			3				9	

©2015 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

How's the news today?
Join our Online Reader Panel and help make your Metro News even better. Join for a chance to win a $25 gift card.
metronews.ca/panel
metro

Breathe easier for 3 years.

With our fixed-price bundle, you'll get:

- Fibe TV with Whole Home PVR[1] and over 150 channels
- Fibe Internet with speeds of 50 Mbps, Wi-Fi and unlimited usage
- Home phone with unlimited Canada and U.S. calling[2]

$99.99/MO.[3] FOR 3 YEARS GUARANTEED

Applies to full billing periods.[3] $49.95 one-time installation fee on a 2-year contract.[4]

Get expert advice today.
Visit a Bell store near you:

KANATA
510 Earl Grey Dr.
613 592-7778

NEPEAN
50 Marketplace Ave.
613 823-2355

1541 Merivale Rd.
613 723-4400

Bayshore Shopping Centre
613 820-4077

ORLEANS
Place d'Orleans
613 830-4728

SmartCentres Orleans
613 841-7051

OTTAWA
247 Bank St.
613 594-0008

280 West Hunt Club Rd.
613 566-3443

Billings Bridge Plaza
613 733-8992

Carlingwood Shopping Centre
613 798-9875

Rideau Centre
613 563-3808

St-Laurent Shopping Centre
613 741-8029
613 744-5168–kiosk

STITTSVILLE
1261 Main Street
613 831-1499

Also available at:

THE SOURCE I WANT THAT

FOR A LIMITED TIME ONLY
1 866 394-6331 • Visit a Bell store • bell.ca/homebundle

Bell bundling just got better

Current as of August 25, 2015. Offer ends September 30, 2015. Available to new Fibe TV, Internet and Home phone subscribers and to existing Bell Home Phone customers adding Fibe TV and Internet in select areas where access and technology permit. The Bundle Program may be changed/terminated at any time. Bell is not obligated to provide the Bundle Discount for the duration of term; see bell.ca/bundledetails. Subject to change without notice; not combinable with other offers. Taxes extra. For certain offers, customer must select e-bill and create MyBell profile. Early termination charges may apply. Restrictions apply. Internet: Modem rental required; fee waived for new customers. Subject to compliance with the Bell Terms of Service; bell.ca/agreements. Home phone: available where not CRTC regulated. Service area charge ($4/mo.) may apply; see bell.ca/serviceareacharge. **(1)** $0 rental based on $15 monthly rental fee, less a $15 monthly credit. Available to new Bell TV subscribers with continued subscription to three eligible Bell services; see bell.ca/bundle. The receiver remains Bell's property. You may terminate your rental at any time provided you return the receiver (early termination fees on programming may apply). Receivers may be new or refurbished at Bell's choice. **(2)** Available to customers who continuously subscribe to three select services; see bell.ca/bundle. Applies to direct-dialled outbound calls to Canada and the U.S. (including Alaska and Hawaii, but excluding other U.S. territories), excluding toll-free calls. Calls to certain conference or adult services or to high-cost areas may be restricted, and subject to other use restrictions in Terms of Service; see bell.ca/UTOS. **(3)** Available to customers who continuously subscribe to Bell Fibe TV, Fibe Internet and Home phone. $99.85 promotional monthly rate is based on promotional credits against regular monthly pricing calculated as follows and continued subscription to: Bell TV Good package: regular monthly rate $45.95, plus $3 Digital Service Fee, less $32/mo. credit for 36 full billing periods, less $7/mo. bundle discount; and Bell Fibe Internet 50: regular monthly rate $75.95, plus $10/mo. for Unlimited Internet usage, less $39/mo. credit for 36 full billing periods; and Home phone Choice: regular monthly rate $51.95, less $6.01/mo. discount, less $3/mo. bundle discount. All prices are subject to change. Promotional price will apply to your first full 30-day billing period and for each full billing period after that, for the duration of your promotion. Your billing period may not start on the day you subscribe to our services. Regular price will apply for services delivered prior to your first full 30-day billing period. **(4)** Fibe TV installation charges are $199.95 with no contract term. Includes installation of modem, Whole Home PVR and up to 2 additional HD receivers; see bell.ca/fibetvinstall for details. $50 installation fee for each additional receiver. Internet: Conditions apply; see bell.ca/fullinstall. Home phone installation includes one jack at the service entry point where none present; installation fee is $75 for the 1st additional jack, $50 for every subsequent jack. Fibe is a trademark of Bell Canada.